Endocrine Disrupting Chemicals and Women's Health Symposium

A Virtual Symposium July 18–19, 2023 9am–4pm ET



Office on Women's Health

Welcome

Admiral Rachel L. Levine, MD Admiral, U.S. Public Health Service Assistant Secretary for Health U.S. Department of Health and Human Services

Successful Interventions To Ameliorate the Impact of EDCs

Linda Giudice, M.D., Ph.D.

Moderated by LT Abayomi Walker

Successful Interventions to Ameliorate the Impact of EDCs

Linda Giudice, M.D., Ph.D. Distinguished Professor of Obstetrics, Gynecology and Reproductive Sciences

University of California, San Francisco





Successful Interventions to Ameliorate the Impact of EDCs

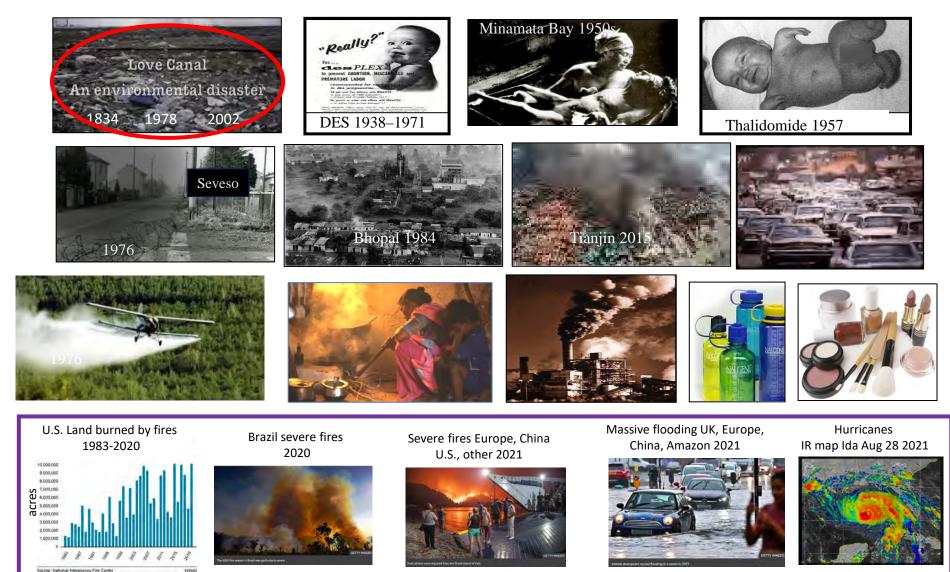
Linda C. Giudice, MD, PhD Distinguished Professor Founder UCSF Program on Reproductive Health and the Environment University of California San Francisco Past Chair, FIGO Committee on Climate Change and Toxic Environmental Exposures

No disclosures

Endocrine Disrupting Chemicals and Women's Health Symposium Office of Women's Health U.S. Department of Health and Human Services July 18-19, 2023

Why Am I Giving This Presentation?

- As a physician in reproductive medicine
 - As a concerned citizen of the world



ve Canal imental disaster

Objectives

- Identify EDC exposures and who is at risk for impaired health outcomes
- Understand models of evidence of harm and challenges to getting evidence about interventions to ameliorate EDC impacts
- Learn about evidence showing interventions successfully ameliorate the impact of EDCs

The backbone of Exposures to EDCs The backbone strategies Environment

Environmental and Occupational

General Population:

- Diet (food, drink)
- Personal care products (BPA)
- Cosmetics (phthalates)
- Plastics (phthalates, BPA)
- Textiles
- Construction materials
- e-waste (Br, Cl flame retardants)
- Digital receipts
- Pesticides home use, food
- Air pollution $-O_3$, PM, Pb, diesel
- Household
 - dust/furniture (PBDEs, CH₂O)
 - Cleaning products •

Occupational Exposures:

- Pesticides (agricultural workers)
- Phthalates, benzophenones, ۲ parabens, siloxanes (cosmetologists, hair dressers, nailists)
- Organic solvents/alkyl phenols (agricultural workers, life science technicians)
- Phthalates, drugs (health care workers)
- Many others.....

Common: Every person in U.S. has contaminants, mixtures are the rule, babies are born "pre-polluted" Some differences: doses, duration of exposures, methodologies to evaluate exposures, measurements, race/ethnicity, SES

Woodruff TJ, et al, Environ Health Perspect 2011;119:878–885; US DHHS. President's Cancer Panel 2008–2009 Annual Report. Available at: https://deainfo.nci.nih.gov/advisory/pcp/annualreports/pcp08-09rpt/pcp_report_08-09_508.pdf; Birnbaum LS Trends Endocrinol Metab 2013; 24:321-323

Who is at risk?

- Everybody but some more than others
 - Most vulnerable:
 - children
 - pregnant persons
 - the elderly
 - those with chronic diseases
 - marginalized populations
 - low sociodemographic status
 - workers in hazardous jobs



How do we know when and how EDCs increase risk of adverse health outcomes?

The Scientific Evidence

- Animal and *in vitro* human cell models mechanisms
- Epidemiologic studies reveal data <u>correlating</u> environmental exposures and human health outcomes.
- Navigation Guide (bridging clinical and environmental health)
- Mixture risk assessment (MRA statistical modeling)
- Job exposure matrices (JEM) (occupational health intersection)
- Systematic reviews, scoping reviews, meta-analyses
- Wildlife observations









Wildlife

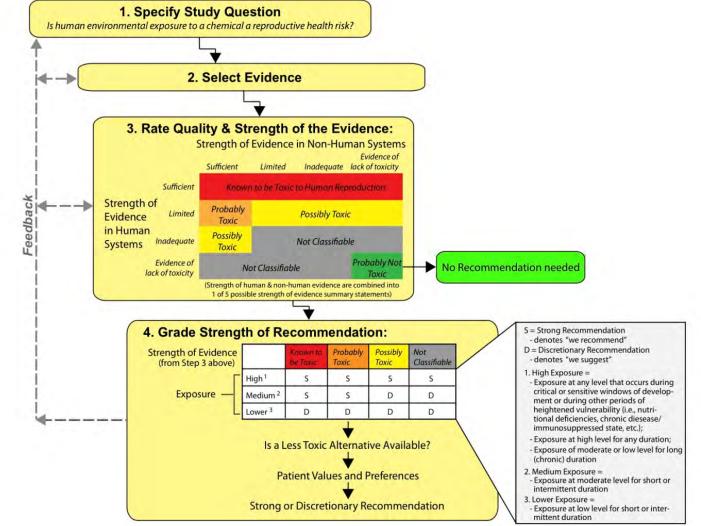
How to Bridge Clinical and Environmental Health?



and facilitates evidence-based interventions involving health professionals, patients and policy makers.



Systematic approach to rate certainty of evidence in systematic reviews and other evidence syntheses



The Navigation Guide: A rulebook for "moving from knowing to doing" Woodruff and Sutton Environ Health Perspect 2009, 2014

Evidence integration - an example of PFOAs and IUGR

Woodruff TJ, et al. Health Aff (Millwood) 2011;30:931-937

Evidence of lack of Strength of evidence in human systems Sufficient Inadequate toxicity Limited Sufficient Known to be toxic to human reproduction **Probably toxic** Possibly toxic Limited Possibly toxic Not classifiable Inadequate Evidence of lack of Probably not toxic Not classifiable toxicity

Strength of evidence in non-human systems

Conclusion: Human exposure to **PFOA** is known to be toxic to human reproduction and development based on sufficient evidence of decreased fetal growth in both human and non-human mammalian species.

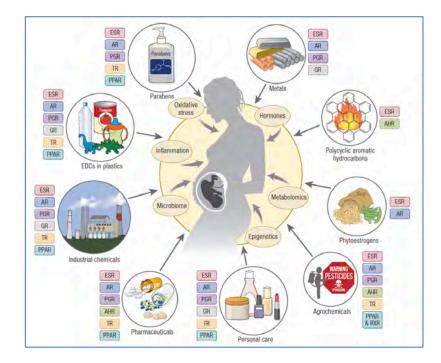
The Navigation Guide, Cochrane and GRADE have been acclaimed as exemplary approaches for transparency, rigor, and reproducibility by the National Academy of Medicine[.]

NRC. Review of EPAs Integrated Risk Information System (IRIS) Process. Washington, DC: National Academies Press, 2014

Labor and time intensive and expensive, one by one approach

Challenges to Intervention Strategies A Case Study: Pregnancy

Humans are exposed to multiple chemicals of different classes with similar or differing signaling mechanisms that can lead to synergistic, additive, antagonistic or no effect on physiologic outcomes



Padmanabhan et al. Endocr Reviews 2021;42:295-353

Challenges in Risk Assessment, Data Interpretation, and Quality Evidence for Intervention Strategies: *Pregnancy*

- What to sample? (maternal urine, plasma/serum, placenta, cord blood, amniotic fluid)
- Most studies sample at a single gestational time point
- Inconsistent attention to:
 - Fetal organ-specific differences in susceptibility windows across gestation
 - fetal sex can modulate EDC effects
 - confounders (ethnicity, age, diet, pre-pregnancy weight, weight gain, lifestyle factors)
 - mixtures
- Some cohorts now following the children longitudinally
- Less focus on correlations and subsequent maternal morbidities (e.g., T2D, CVD) Padmanabhan et al. Endo Reviews 2021;42:295-353

Mixture Risk Assessment (MRA)

Maternal exposures to *same chemical class* (e.g., phthalates) or *same mechanism* of action (e.g., xenoestrogens). *Padmanabhan et al. Endo Reviews 2021;42:295-353*

1st ∆ maternal serum POPs = weak association with LBW; as a class (OC pesticides, PBDE, PCB mix)→ strong associations.

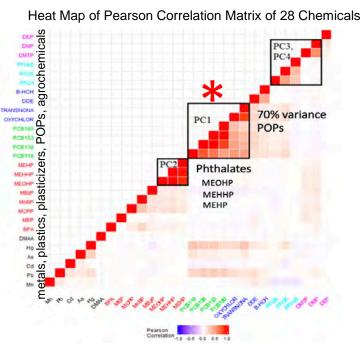
Exposures to Mixtures of Different EDC Classes Assessed by Statistical Modeling

Lee et al. Identification of chemical mixtures to which Canadian pregnant women are exposed: The MIREC Study. Environ Intl 2017;99:321-330.

- 50 chemicals, divergent characteristics and dis/similar modes of action in maternal & fetal samples
- **statistical modeling, clustering and PCA** to understand impact of complex chemical mixtures, between/among chemicals, geographic locations, SDS
 - PC1 associated with lower SDS, BMI>25*

Challenges:

- Current regulatory guidelines of allowable concentrations of environmental EDCs were developed on chemical-by-chemical basis.
- Statistical modeling needs standardization as several inputs with increased rigor including biomonitoring approaches.



Job Exposure Matrix Hx, Methodology, Exposure Scores

2002: Occupational exposure to EDCs and risk of hypospadias and cryptorchidism in UK. 2009 Brouwers updated \rightarrow basis for emerging JEMs

- 353 Job classifications identified (UK Standard Occupational Classification 2000 (SOC2000))
- **Exposure risk scores**: 0-9 (no, low, medium, high exposure levels)
- Scoring chemical categories, subcategories and occupational setting –from environmental health literature, agencies, WHO Global Assessment and State of the Science on EDCs.
- Result: 10 Chemical groups (& 33 subgroups)

SOC2000 job title	Exposure Score	Chemical Group
Senior govt officials	0	
Electrical workers	1	Metals
Glass ceramic makers Decorators	2	Organic solvents Metals
Beauticians/related occupations	2	Phthalates Organic solvents Alkylphenolics
Chemical processors	9	Multiple

Job Exposure Matrix 5 Different Job Titles

Challenges: Differences in exposures over time; +/- task-specific information (questionnaires, interviews) to minimize job misclassification; Biomonitoring data; methodologies for evaluating

Van Tongeren et al. Annals Occup Hygeine 2002;;46:465-477;Brouwers et al. Occup Environ Med 2009;66_607-614.

Occupational Exposure to EDCs and Birth Weight



and Length of Gestation

A European Meta-analysis



Study:

- N=133,957 mother-child pairs in 13 European cohorts; births 1994 2011
- Maternal job titles were linked with exposure to 10 EDC groups assigned in a JEM.
- Birth outcomes were correlated with exposure categories (0,1,2,3,9); meta-analysis of cohort-specific estimates.

Results:

- 11% of pregnant persons were exposed to EDCs at work in pregnancy based on job title
- Exposure to >1 EDCs was associated with increased risk of term LBW (OR 1.25; 95% CI 1.04-1.49)
- Risk increased with exposures to increasing # of EDC groups: OR 2.11; 95% CI: 1.10-4.06 (>4 EDCs)
- Highest risk jobs: agricultural workers, house cleaners, hairdressers, medical assistants
- Data were consistent across all cohorts

Conclusion: employment during pregnancy in occupations classified as possibly or probably exposed to EDCs was associated with an increased risk of term LBW.

Intervention Studies to Ameliorate EDC Effects

- Animal
 - epigenetic modifiers to rescue phenotypes
- Human:
 - Individual level
 - Policy changes
 - Entrepreneurial opportunities ("safer alternatives")
- Education
- Advocacy

What is the evidence that interventions will impact EDC levels?

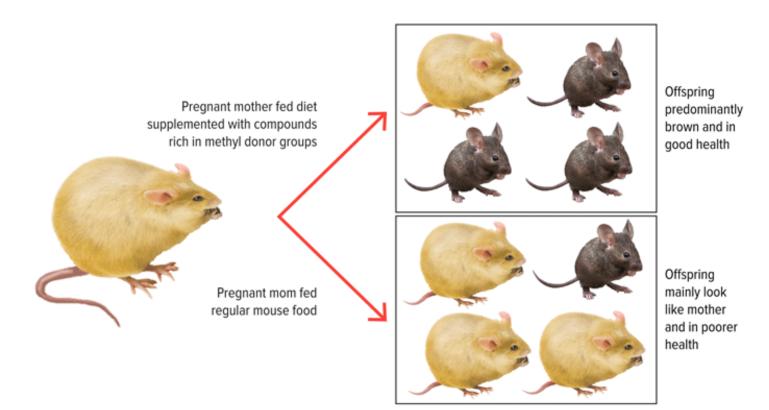
What is the evidence that interventions will improve health?

Agouti Mouse Model Shows Maternal Diet and BPA Influence Fetal Development that Intervention Reverses



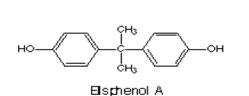
Genetically identical mice but different color (brown, yellow) and size Agouti gene product binds to melanocortin R blocking black pigment and is involved in feeding behavior and weight set point

Normal healthy mice – agouti gene is methylated and is off. Yellow, obese sisters – agouti gene is unmethylated and is on.



(Dolinoey 2007, Zeisel 2009)

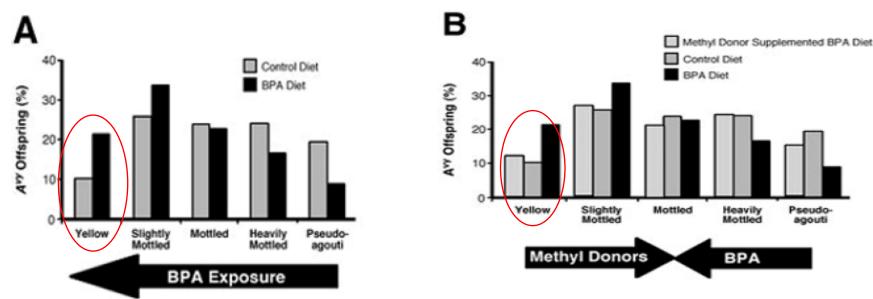
Estrogen-like EDCs in Pregnant Dams Trigger the Agouti Phenotype in Pups and Me Donors Rescue the Phenotype



- higher ratio of yellow, obese progeny than expected
- global DNA hypomethylation
- 30% agouti gene DNA me sites

Environmental "protection" Folic acid and Vitamin B12 rescue the phenotype

- increased DNA methylation
- normal ratio of pups



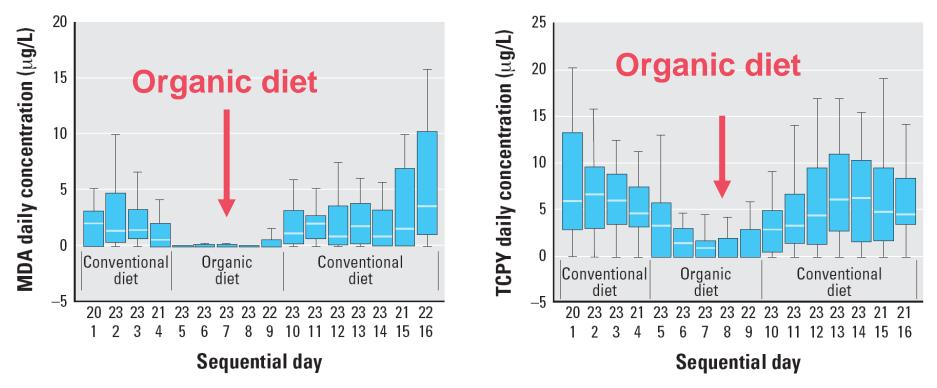
(Dolinoey 2008)

Interventional Studies Humans

• Diet

- Personal Care Products
 - Household Products

Dietary Interventions in Children Can Reduce EDC Exposure

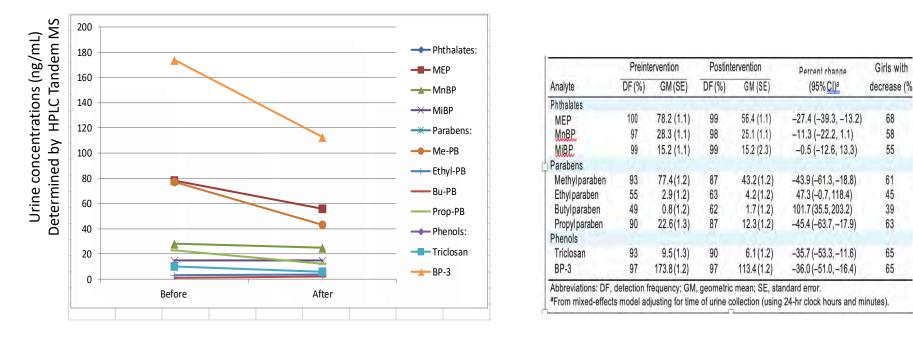


- 23 children monitored for metabolites before/after organic diet
- Levels of urinary metabolites for chlorpyrifos and malathion reduced to non-detectable
- Again elevated on re-introduction of conventional diet

Source: Lu C et al. 2006. Organic diets significantly lower children's dietary exposure to organophosphorus pesticides. Environ Health Perspect. 2006 Feb;114(2):260-3.

The HERMOSA Intervention Study Personal Care Products

100 Latina girls in Salinas Valley community-based participatory research study to determine if using personal care products for 3 days would change urinary levels. Given OTC products without triclosan, BP-3/oxybenzone, parabens, phthalates



This study demonstrates that techniques available to consumers, such as choosing personal care products that are labeled to be free of phthalates, parabens, triclosan, and BP-3, can reduce personal exposure to possible endocrine-disrupting chemicals.

Nutritional Interventions to Ameliorate the Effects of EDCs on Human Reproductive Health - A Semi-structured Review by FIGO

Objective

To analyze evidence on nutritional interventions to reduce the negative effects of EDCs on reproductive, perinatal, and obstetric outcomes.

Search strategy

Searched MEDLINE (PubMed), Allied Health Literature (CINAHL), EMBASE, Web of Science, and Cochrane Database to 2009 - 2021.

Selection criteria

Experimental studies on human populations.

Data collection and analysis

Data were collected from eligible studies.

Risk of bias assessment was completed using the Cochrane risk of bias tool and the ROBINS-I Tool.

Corbett GA, Lee S, Woodruff TJ, Hanson M, Hod M, Charlesworth AM, Giudice LC, Conry J, McAuliffe FM and the FIGO Committees on Impact of Pregnancy on Long-term Health and Climate Change and Toxic Environmental Exposures Int J Gynecol Obstet. 2022;157:489.

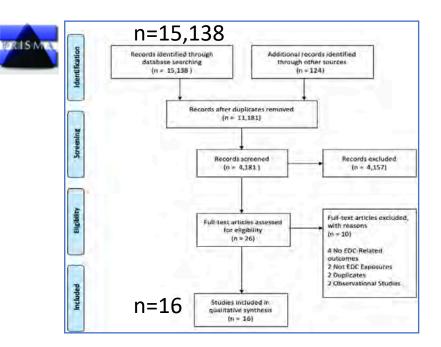
Characteristics of the 16 studies

Population:

- Study size range 15–355 participants
- 3 included pregnant participants
- 6 included young healthy participants
- 2 included families (parents and children)
- 2 examined interventions in solely school-going children
- 4 included mixed-gender populations:
 - T2DM patients, cardiac atheromatous disease,
 - men and women aged over 60 years.

Risk of Bias:

- 7 were RCTs
- 3 RCTs crossover trials
- 6 non-randomized experimental trials



Results of Some Intervention Randomized Trials

Study	Design, Population, n	Intervention Active Group	Findings
Carwile, 2011	Randomized single- blinded X-over trial Univ students/ staff n=75	Effect of canned (control) vs fresh soup x 5 days, 2 days washout between X over on urinary [BPA].	Int: 1.1 μg/L 95% CI 0.9-1.4 C: 20.9 μg/L, CI 17.9-24.1
Bae, 2014	Randomized double blinded X-over trial N-120 people >60 yo	Effect of canned (control) vs glass containers for drinking beverages on urinary BPA levels and blood pressure. 1 week each intervention, 1 week washout	Mean urinary BPA levels: Int: 1.13 μg/L <u>+</u> 1.76 (SD) C: 7.93 μg/L + 6.02 No BP changes <u>.</u>
Hagobian, 2017	Double blinded RCT. N=24 researchers, lab staff, college women, nml BMI	Impact lifestyle interventions (education, BPA-free tupperware, H ₂ 0 bottles, cosmetics, hygiene feminine products; organic foods packaged in BPA-free glass/cardboard containers vs control with weekly newsletter/education on uBPA levels. 3 weeks duration	Significant (p=0.04) Rx × time Int effect on [BPA]. By 3 wks Int decreased mean u[BPA] by 0.71 ng/mL vs controls with increased u[BPA] by 0.32ng/mL (p = 0.04).

CONCLUSIONS:

- Evidence supports organic food consumption and avoiding plastics and canned foods and beverages reduce dietary exposures to EDCs.
- No fast foods, iodine supplementation, vegetarian diet, fatty fish diet, altering personal care products, removing dust are all supported by evidence to lower EDCs (some multiple EDCs).

• CAVEATS:

- disparities in access to and affordability of organic foods, glass and stainless-steel bottles/containers
- Most studies are still one EDC at a time. If BPA is decreased and phthalates not, what might be the consequences from a health perspective where people are exposed to mixtures not 1 EDC at a time?
- So far rare evidence that reductions of EDCs lead directly to health improvement.

Risk Management and Healthcare Policy 2022;15:779-791

Dovenress

8 Open Access Full Text Article

REVIEW

Interventions on Reducing Exposure to Endocrine Disrupting Chemicals in Human Health Care Context: A Scoping Review

Jeongok Park 101,2, Hyejung Lee 101,2, Sejeong Lee 103, Hyojin Lee 103

¹College of Nursing, Mo-lm Kim Nursing Research Institute, Yonsei University, Seoul, Korea; ²Yonsei Evidence Based Nursing Centre of Korea: A JBI Affiliated Group, Seoul, Korea; ³College of Nursing and Brain Korea 21 FOUR Project, Yonsei University, Seoul, Korea



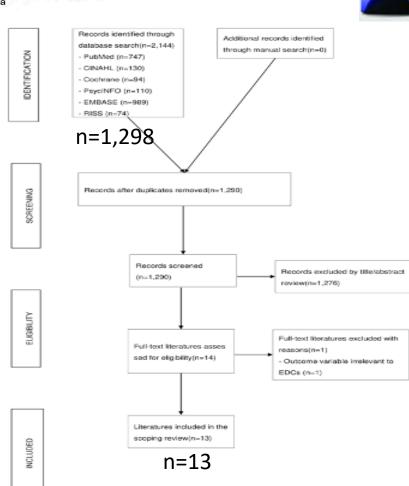
Study Inclusion Criteria:

- Provided intervention for humans regarding EDCs
- Published in English or Korean
- Were peer-reviewed

Study Exclusion Criteria:

- Cost-effectiveness on environment
- Techniques to discover/detect EDCs in bodies or materials
- Related professionals were participants

Year Publishe	ed N (%)
2011-2020	8 (61.54%)
2021	5 (38/46%)
Country	
U.S.	5 (38.46)
Europe	4 (30.77)
Asia	4 (30.77)



Salient Results of Park 2022 Scoping Review

- ~ 50% were single arm studies (no controls)
- Most interventions resulted in lowered EDC levels in blood and/or urine and some studies overlapped with Corbett 2022 review.
- Authors noted that compliance was challenging e.g., most subjects didn't want to change their diet even with EDC levels demonstrated to be lower with interventions.
- 1 study revealed decreased uBPA levels and lower dysmenorrhea scores with 6 months of intervention but no control group
- 1 study revealed red Korean gensing (RKG) resulted in decreased VMS, uterine spotting, dysmenorrhea but no control group.

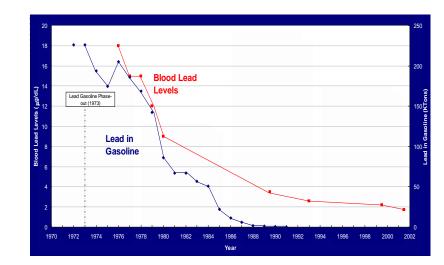
Overall Conclusions About Interventional Studies

- Most well-designed trials show benefit of lowering EDC levels (mostly 1 evaluated at a time) with interventions.
- Well-designed trials are essential to inform if interventions achieve their goals of significantly reducing EDC levels in fluids and tissues, and improvements in clinical outcomes.
- Question of patient awareness for buy in of changing behavior arises.
- Question arises if prospective interventional evidence is required before recommending some of these therapies, or, given their low side effect profiles and other benefits, whether they can be recommended based on existing observational evidence alone.

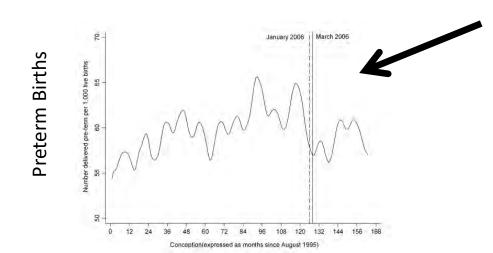
Interventions to Ameliorate EDC Effects

Policy Changes

Actions Can Reduce Exposures But **POLICY** Changes Are Also Needed



Removing lead from gasoline resulted in lowered blood levels at the population level over time



Scotland's public smoking ban

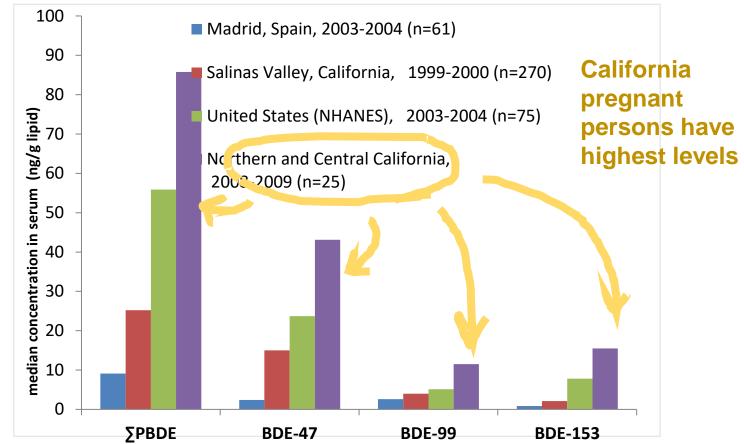
Mackay PLoS Med 2012

PBDEs

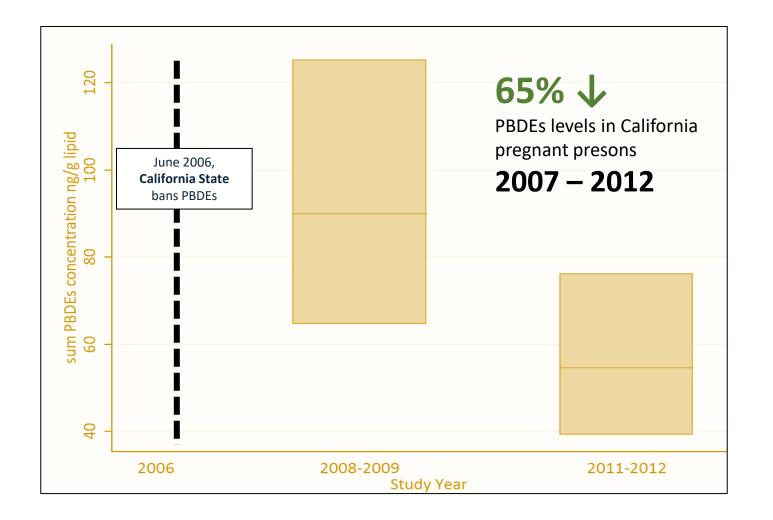


In humans, thyroid hormone disruption identified as possible mechanistic link In vitro, disruption of developing fetal human brain cells In animals, affects learning, memory, and attention (Schreiber et al., 2010, Driscoll et al., 2008, Viberg et al. 2006)

Flame Retardants in Pregnant Persons Globally



Actions Matter – Policy PBDEs Banned in California 2006



Green Chemistry developed to replace hazardous chemicals, processes and make products with safer alternatives



Safer Alternatives to BPA and other EDCs?

DES \rightarrow BPA \rightarrow BPS and BPF



More Hormone Disruption!

Low-dose exposure to bisphenol A and replacement bisphenol S induces precocious hypothalamic neurogenesis in embryonic zebrafish

Cassandra D. Kinch^{a,b,c}, Kingsley Ibhazehiebo^{b,c}, Joo-Hyun Jeong^{b,c}, Hamid R. Habibi^a, and Deborah M. Kurrasch^{b,c,1}

Departments of "Biological Sciences and ^bMedical Genetics and ^cAlberta Children's Hospital Research Institute, University of Calgary, Calgary, AB, Canada T2N 4N1

Edited* by Joan V. Ruderman, Harvard Medical School, Boston, MA, and approved November 26, 2014 (received for review September 16, 2014)

PNAS Dec 2014

A new chapter in the bisphenol A story: bisphenol S and bisphenol F are not safe alternatives to this compound

Soria Eladak, M.Sc., ^{Ab.c} Tiphany Grisin, M.Sc., ^{Ab.c} Delphine Moison, M.Sc., ^{Ab.c} Marie-Justine Guerquin, Ph.D., ^{Ab.c} Thierry NTumba-Byn, Ph.D., ^{Ab.c} Stéphanie Pozzi-Gaudin, M.D., ^d Alexandra Benachi, M.D., Ph.D., ^d Gabriel Livera, Ph.D., ^{Ab.c} Virginie Rouiller-Fabre, Ph.D., ^{Ab.c} and René Habert, Ph.D., ^{Ab.c}

⁶ Unit of Genetic Stability, Stem Cells, and Radiation, Laboratory of Development of the Gonads, Université Paris Dicierot, Sorbonne Paris Cité, Fontenay-aux Roses; ⁶ Commissariatà l'Energie Atomique, Fontenay-aux Roses; ⁶ Institut National de la Santé et de la Recherche Médicale, Unité 957, Fontenay-aux Roses; and ⁶ Service de Gynécologie-Obstétrique et Médicine de la Reproduction, Hópital A. Béclem, Université Paris Suid, Clamant, France.

Fertil Steril 2015;103:11-21

How do we identify those at risk of harm from EDCs and counsel them to mitigate/minimize their risks?

Do HCPs Do An Environmental History?

American Congress of Obstetricians and Gynecologists Survey (ACOG) (N=2514)



78%

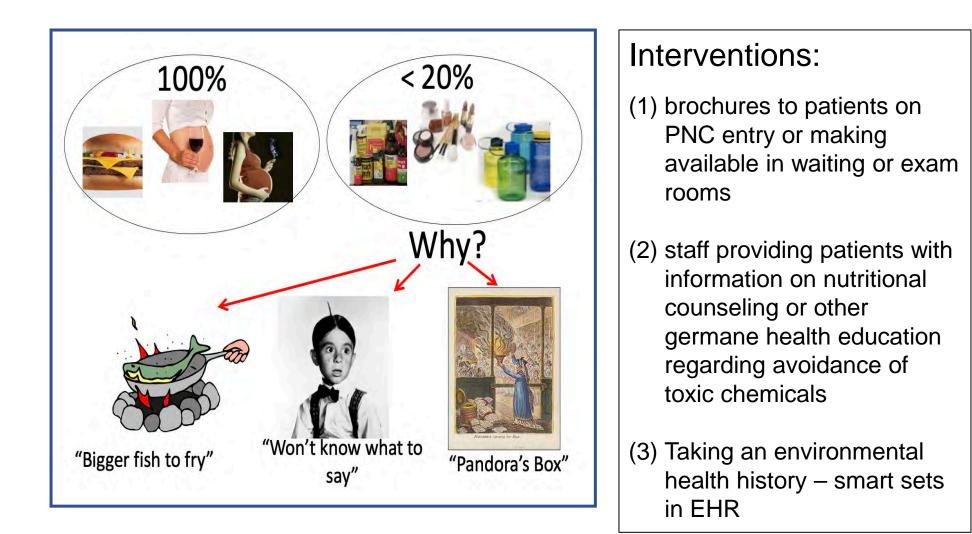
of obstetricians surveyed feel they can reduce patient exposure

Yet.....

<25% report they take an environmental health history

Stotland NE, Sutton P, Trowbridge J, Atchley DS, Conry J, et al. Counseling Patients on Preventing Prenatal Environmental Exposures - A Mixed-Methods Study of Obstetricians. PLoS ONE 2014;9(6): e98771. doi:10.1371/journal.pone.0098771

What Do Obstetricians Ask About and Interventions at Point of Care



Role of the HealthCare Team to Promote Successful Intervention Strategies

Taking an Exposure History

Examples are available at <u>http://prhe.ucsf.edu/clinical-practice-resources;</u> <u>https://www.atsdr.cdc.gov/hec/csem/exphistory/docs/exposure_history.pdf</u>

When counseling patients about their exposures, HCPs need to:

- Understand patient risk is a function of toxicity, dose, frequency, duration, and timing of exposures (especially vulnerable developmental windows, and individual patient vulnerability e.g., underlying health conditions, SDS) and exposure routes.
- Identify patients with hazardous occupations or hobbies. Persons with occupational/recreational toxic exposures are at high risk of adverse reproductive outcomes.
 - Legal workplace limits are not created to protect pregnant persons.
 - Persons exposed to chemicals via hobbies have lower exposures vs working in similar industries (e.g., jewelry making), but may have less safety training.

Giudice et al. Environmental factors in reproduction, In: Reproductive Endocrinology, Yen, Jaffe, Barbieri, Williams, Strauss, Elsevier, Boston, 2023



What Do Individuals Know About EDCs?

Qualitative studies show knowledge and awareness of EDCs among lay public is low.

Male infertility: Maxim J. Risk Res. 2013, 16, 677–695

- Perceptions about controversial link between exposure to EDCs and a decline in human male fertility was well received, contradicting assumptions that transparency about scientific uncertainty of EDCs elicits negative psychological effects

Pregnant persons: Rouillon Int. J. Environ. Res. Public Health 2017;14:1021. 2018;15:2231.
Did not believe they were particularly susceptible to exposures but believed exposures to EDCs were extremely dangerous.

General public: Kelley, Int J Environ Res Public Health. 2020;17:7778

- 19-65 yo in focus groups (n=34) in Belfast.
- Generally, little knowledge of and awareness about EDCs, their sources and associated health effects.
- While unaware of possible individual mitigation strategies, the majority expressed government responsibility to mitigate effects.



How Can HCPs Promote Successful Intervention Strategies?



- HCPs should take an exposure history and provide patients with resources and referrals.
- Need to get information to patients about known effects and reducing/eliminating exposures to EDCs with extrapolation to preventing adverse health impacts.
- HCPs can work with community leaders and policy officials to expand the network of information, without being topic experts themselves.
- Government and academic resources and referrals re specific environmental exposures and reproduction are available.

Some Resources to Reduce Toxic EDC Exposures





Avoiding Toxic Chemicals BEFORE, DURING and AFTER Pregnancy

Some specifics

10 Tips for a Healthier Pregnancy

- 1.→ Avoid eating, drinking or storing food in plastic¶
- 2.→ Don't microwave in plastic¶
- 3.→ Cook with cast iron or stainless steel not non-stick pans
- 4.→ Avoid eating fish high in Hg pr PCBs¶
- 5. \rightarrow Eat fresh, organic foods, or clean off pesticides ¶

6.→ Limit cosmetics¶

- 7.→ Avoid dry cleaning or stain treating clothing¶
- 8.→ Use a wet mop when cleaning ¶
- 9.→ Avoid consumer products with flame retardants¶
- 10. Remove shoes before entering your home.



FIGO Committee on Climate Change and Toxic Environmental Exposures

FIGO.ORG English, Spanish, French

POLICY EFFORTS

- Need:
 - transparency of data
 - population educated in risks associated with specific exposures
 - informed governing body and industry partners with the common will to change policy in the interest of the public health.
- Disparities in exposure risks among vulnerable populations mandate inclusion of environmental justice in policies to improve the public health.
- Chemical regulations differ widely across the globe.
 - The **Reach** (Registration, Evaluation, Authorisation and Restriction of Chemicals) policy addresses production and use of chemicals and impacts on human health and the environment, with the onus on the manufacturer to demonstrate safety to keep their chemicals in the marketplace.
 - In the **US chemicals** released into the marketplace fall short of the scrutiny is suspected or demonstrated

We have some work to do.....

Kassotis CD, Vandenberg LN, Demeneix BA, Porta M, Slama R, Trasande L. Endocrine-disrupting chemicals: economic, regulatory, and policy implications. Lancet Diabetes Endocrinol. 2020;8:719; . Giudice LC. Environmental impact on reproductive health and risk mitigating strategies. Current Opinion Obstet Gynecol. 2021 08(01); 33:343-349



CONCLUSIONS

www.prhe.ucsf.edu



- Scientific and epidemiologic data reveal mechanisms and associations of preconception, prenatal and adult exposures to EDCs negatively impacting women's health and developmental processes and outcomes.
- While strategies to control EDC exposures may show lower body burdens, whether there is *direct improvement* of epidemiologically associated disorders is largely unproven but should not derail preventive strategies.
- While EDCs are ubiquitous, highest risk is among vulnerable populations, who should be included in all intervention mitigation strategies.
- We need to incorporate environmental and occupational health in professional education.
- Health care professionals, scientists, citizens can play a major role in raising awareness among colleagues, trainees, patients, the general public, and government leaders key to improving human health.

Environmental Toxicants Are Tilting the Risk Balance Unfavorably for Women's Health Outcomes



This is an **environmental issue**, a **public health issue**, an **occupational health issue**, a **social justice issue**, a **human rights issue**, an **economic issue**, a **political issue**, and a **gender issue**.

Thank you

Advancing Health Equity

Tamarra M. James-Todd, MPH, Ph.D., Tonya Sharmaine Lane, M.S.

Moderated by LT Abayomi Walker

Advancing Health Equity

Tamarra James-Todd, PhD, MPH

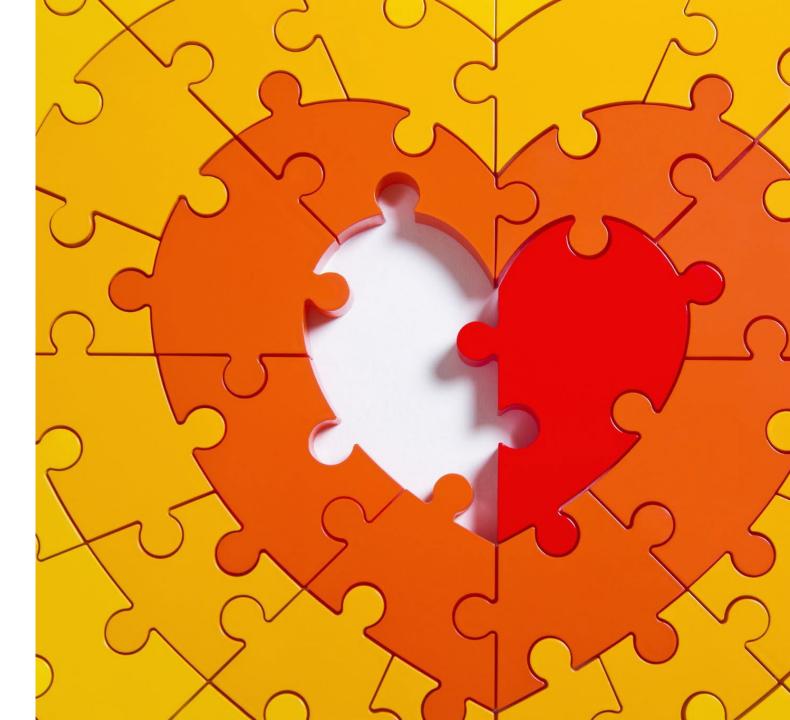
Associate Professor of Environmental Reproductive Epidemiology, Director, Environmental Reproductive Justice Lab

Harvard T.H. Chan School of Public Health

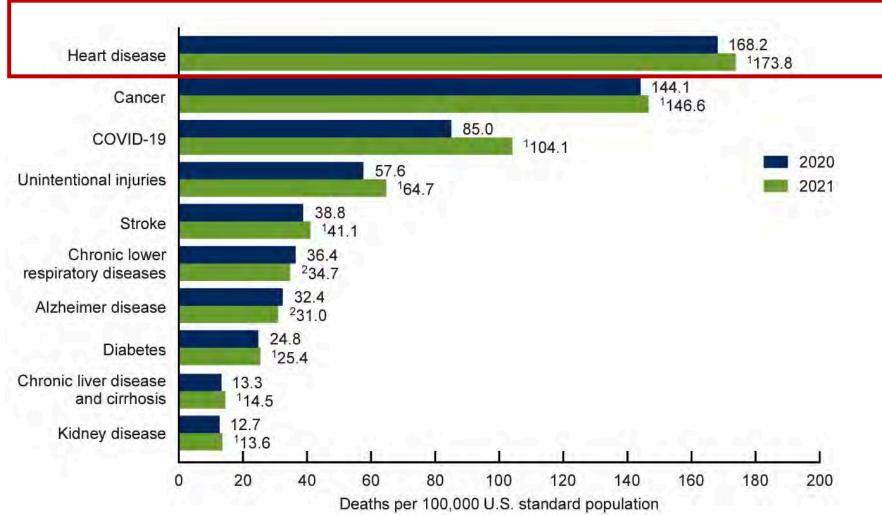
Racial/ethnic disparities in endocrine disrupting chemical exposures and disparities in chronic disease risk

Tamarra James-Todd, PhD, MPH Mark and Catherine Winkler Associate Professor of Environmental Reproductive Epidemiology Harvard T.H. Chan School of Public Health Director, Environmental Reproductive Justice Lab

July 19, 2023

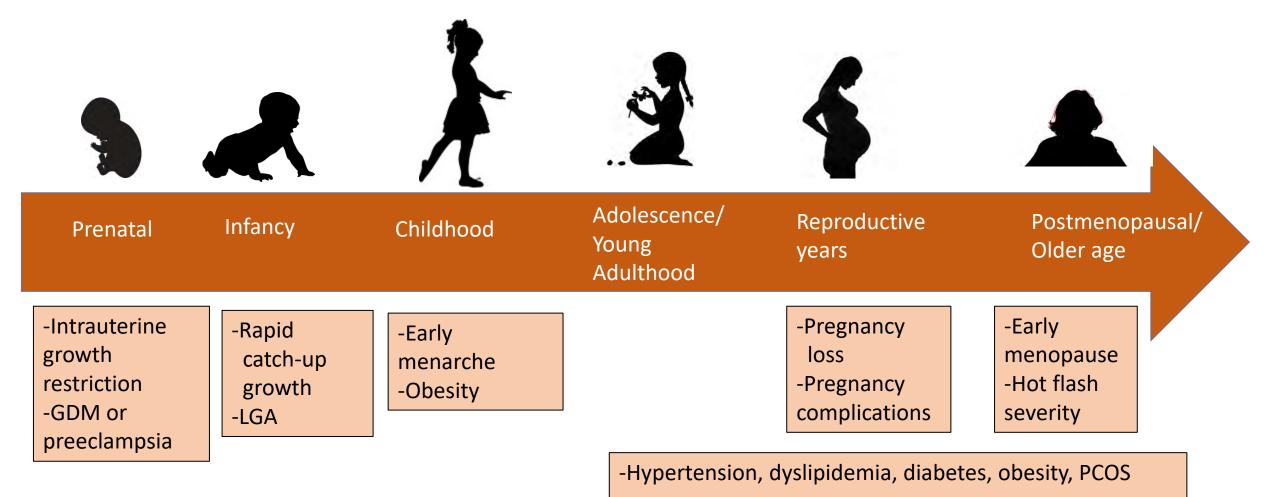


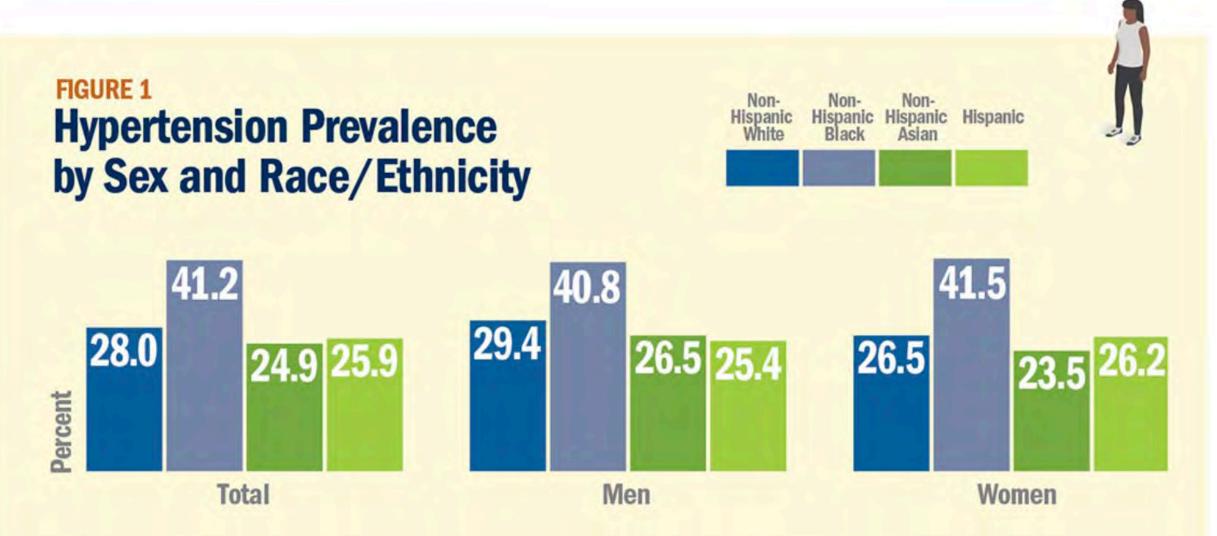
Age-adjusted mortality rate for 10 leading causes of death in U.S., 2020 and 2021



National Center for Health Statistics, National Vital Statistics System, Mortality

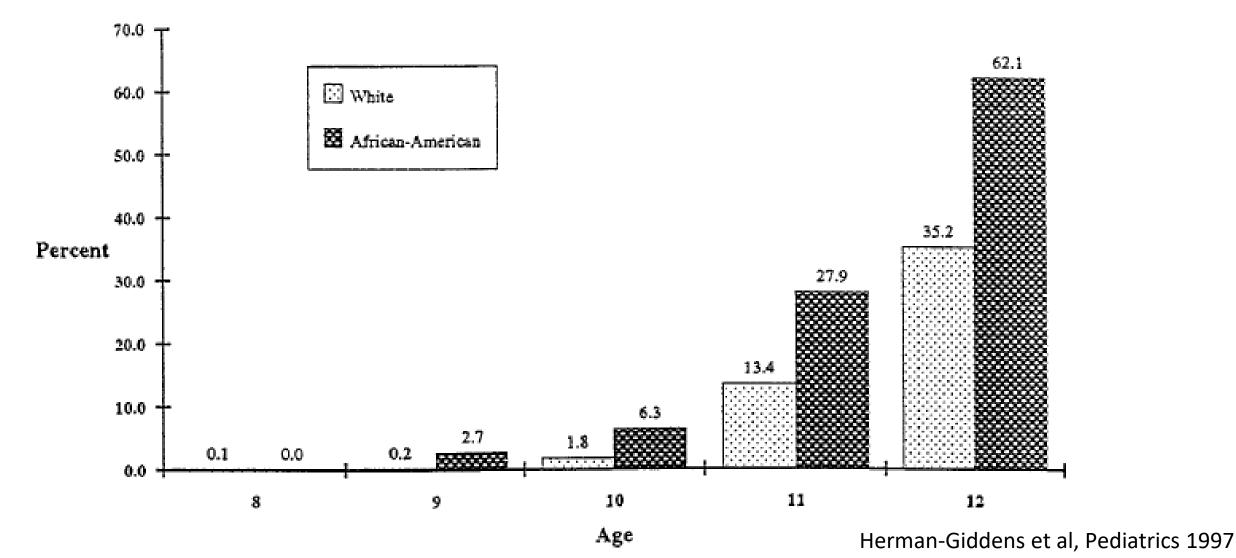
Health across the life course: examples of cardiovascular disease risk factors



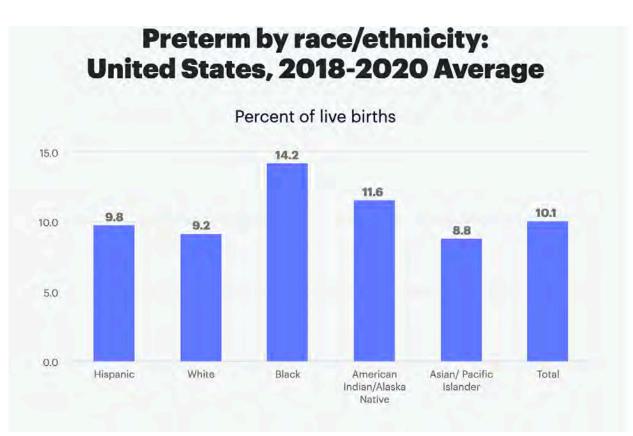


Source: Yoon SS, Fryar CD, Carroll MD. Hypertension prevalence and control among adults: United States, 2011–2014. NCHS data brief, no 220. Hyattsville, MD: National Center for Health Statistics. 2015.

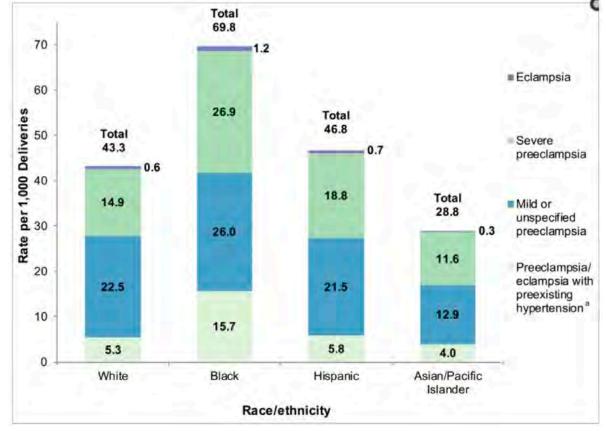
Racial disparities in cardiovascular disease risk factors across the life course: early menarche



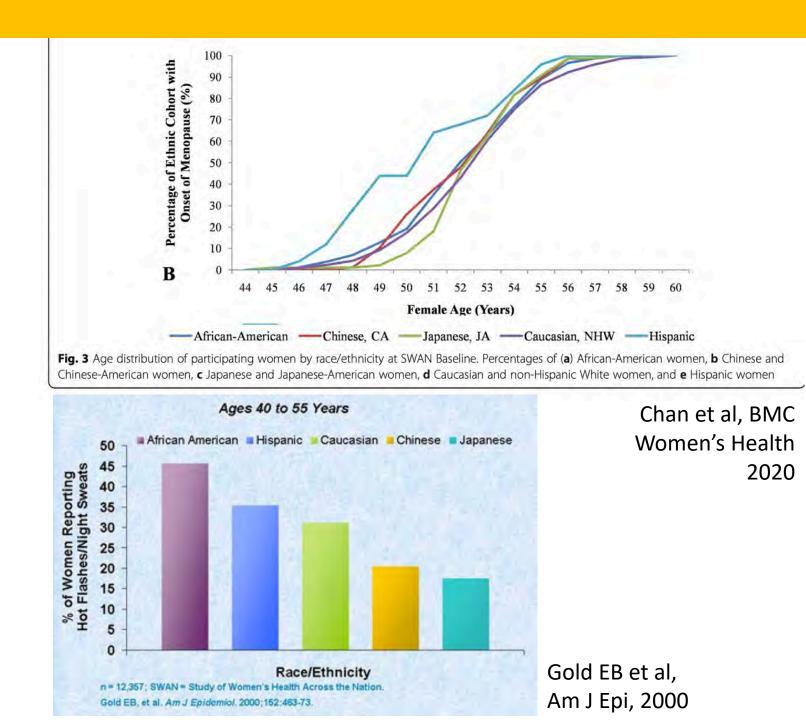
Racial disparities in cardiovascular disease risk factors across the life course: pregnancy complications



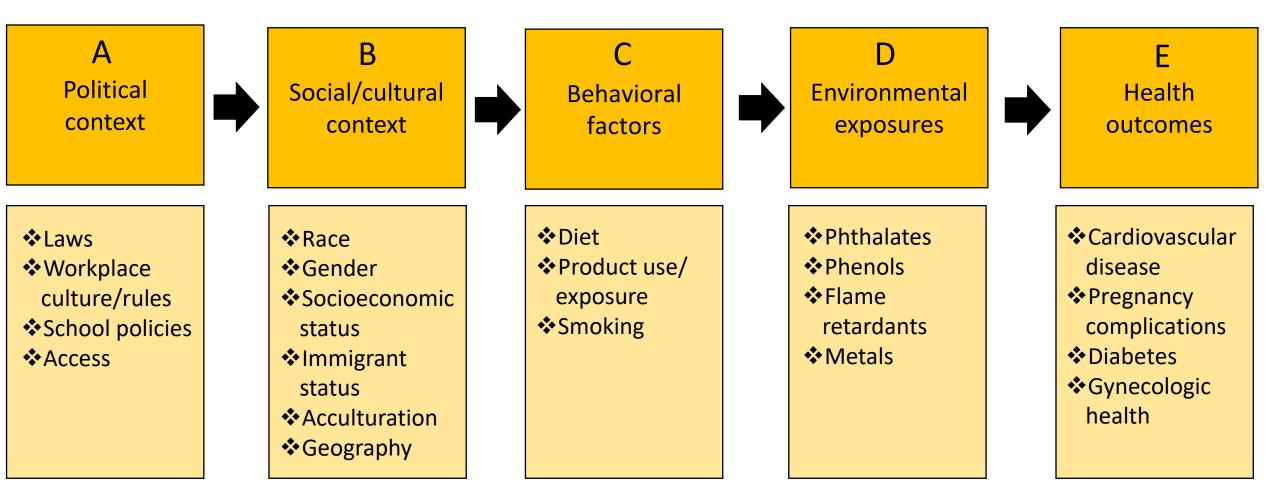
March of Dimes 2022



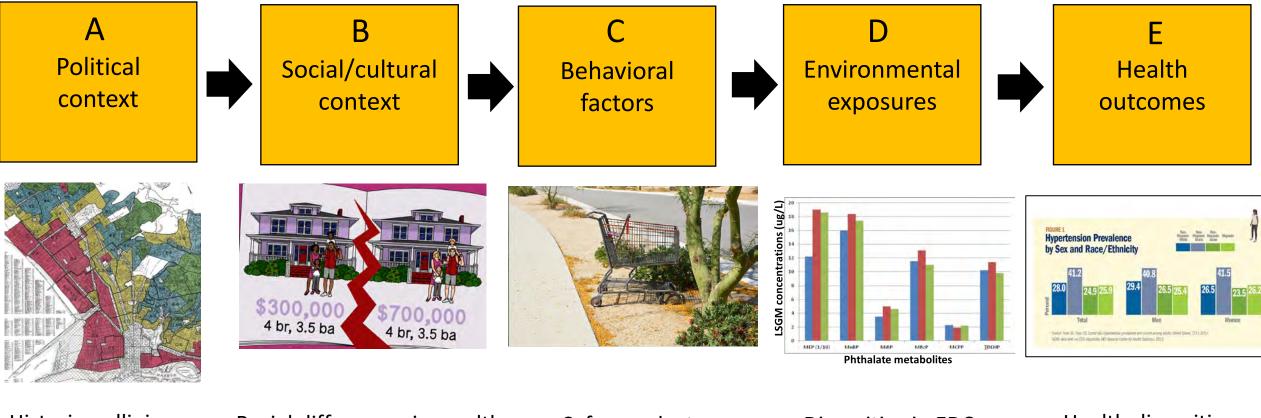
Fingar KR et al, HCUP Stat Brief 2017 Racial disparities in cardiovascular disease risk factors across the life course: menopause



Translational Epidemiologic Approach to Health Disparities



Translational Epidemiologic Approach to Health Disparities



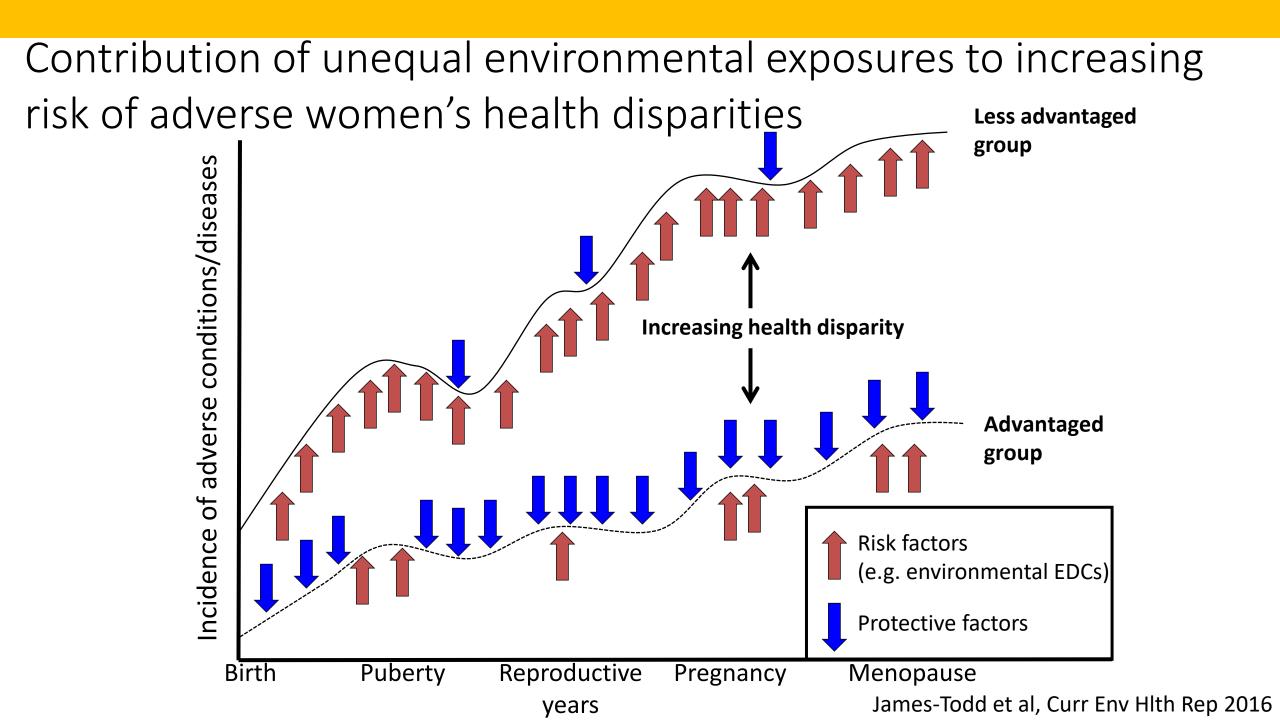
Historic redlining

Racial differences in wealth

Safer product and food apartheid

Disparities in EDCs

Health disparities



Endocrine Disrupting Chemicals in Consumer Products





Pesticides





Plasticizers





Surfactants







Phenols



Flame retardants



Two examples:

Phthalates and cardiovascular disease risk
 PFAS and cardiovascular disease risk

Examples of Disparities in Environmental Chemical Exposures

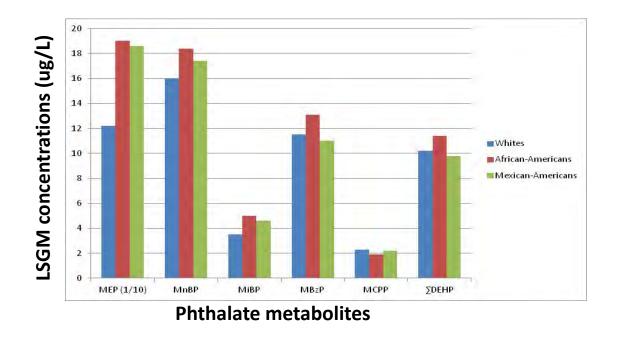


NHANES 2001-2008

25 LSGM concentrations (ug/L) 20 15 Men Women 10 5 MEP MBzP MnBP MCPP DEHP MiBP 1/10th Phthalate metabolites

Examples:

- Personal care products
- Diet/food packaging
- Medical tubing/medication/plastics

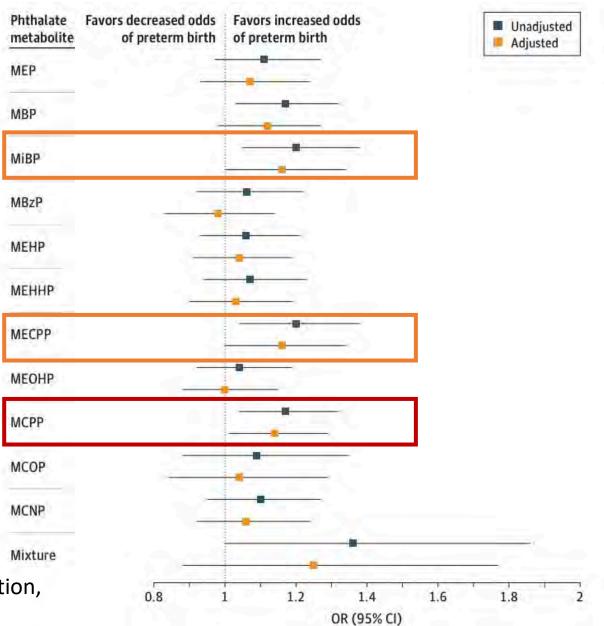


James-Todd et al, Environ Health, 2014

Phthalates and preterm birth

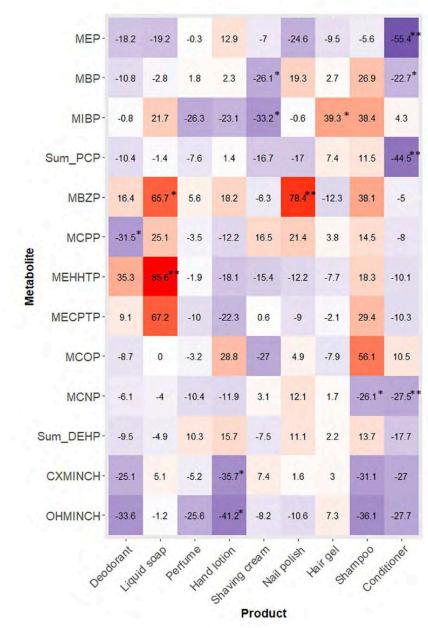


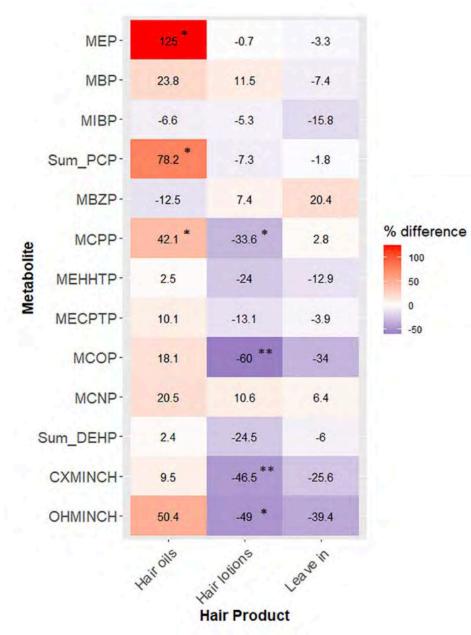
Adjusted for maternal age, race/ethnicity, education, and pre-pregnancy body mass index



Welch et al, JAMA Pediatr 2022

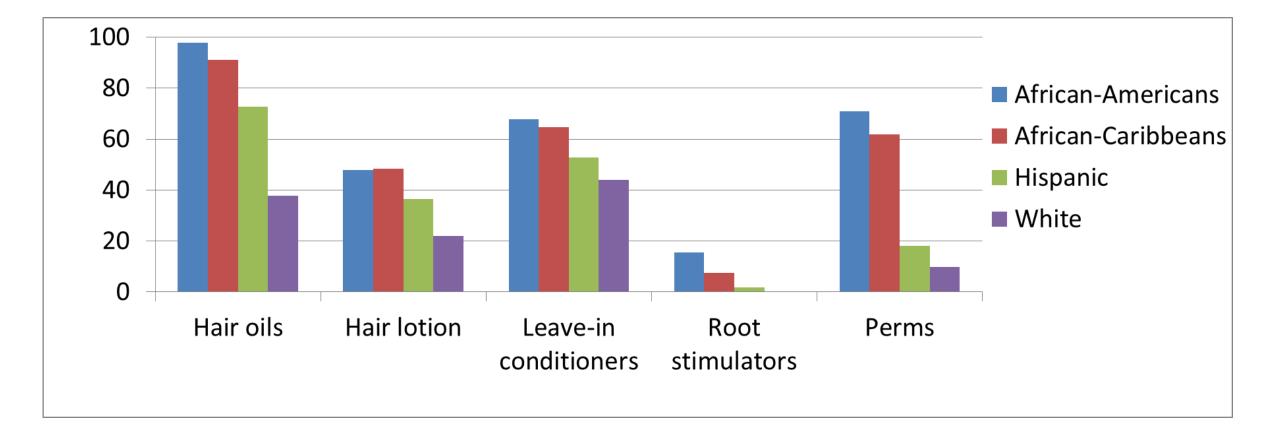
Product use and phthalate metabolite concentrations







Association between Race/Ethnicity and Hair Product Use



James-Todd, J Immigr Minor Health. 2012

Association between Hair Product Use and Preterm Birth:

Visit Time Point	Hair oil use	Hair lotion use	Leave-in conditioner use
Visit 1			
Daily	-5.8 (-16.3, 4.7)	3.1 (-10.7, 16.9)	5.1 (-5.3, 15.6)
<daily< th=""><th>0.5 (-6.7, 7.7)</th><th>-3.8 (-10.7, 3.2)</th><th>1.7 (-4.8, 8.2)</th></daily<>	0.5 (-6.7, 7.7)	-3.8 (-10.7, 3.2)	1.7 (-4.8, 8.2)
Never	Ref.	Ref.	Ref.
Visit 2			

Daily use of hair oils in late pregnancy associated with an 8-day earlier delivery

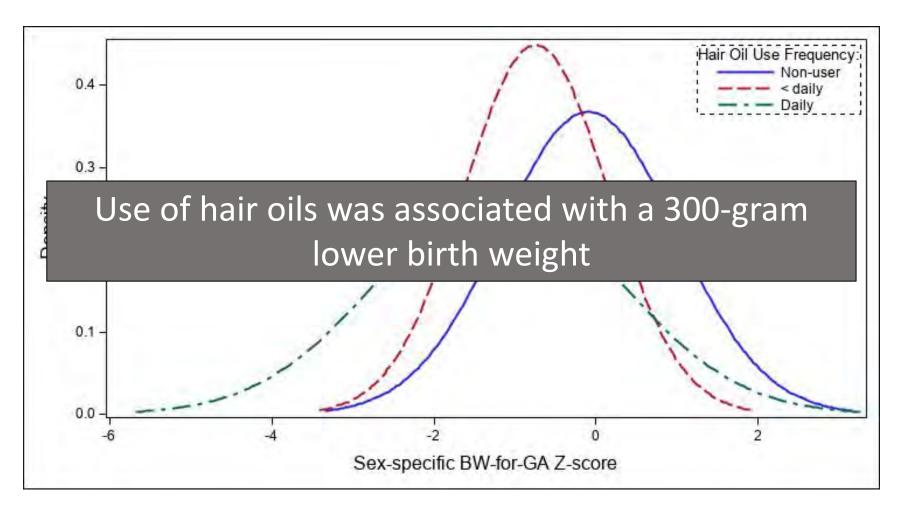
Visit 3			
Daily	-1.0 (-6.7 4.6)	1.7 (-5.4, 8.7)	-2.5 (-11.5, 6.5)
<daily< td=""><td>-1.3 (-7.0, 4.5)</td><td>-2.3 (-8.0, 3.5)</td><td>-2.5 (-7.1, 2.2)</td></daily<>	-1.3 (-7.0, 4.5)	-2.3 (-8.0, 3.5)	-2.5 (-7.1, 2.2)
Never	Ref.	Ref.	Ref.
Visit 4			
Daily	-8.3 (-14.9, -1.6)	-1.8 (-12.6, 9.0)	-2.1 (-9.6, 5.4)
<daily< td=""><td>0.9 (-3.8, 5.7)</td><td>-3.0 (-9.0, 3.0)</td><td>-0.4 (-5.0, 4.3)</td></daily<>	0.9 (-3.8, 5.7)	-3.0 (-9.0, 3.0)	-0.4 (-5.0, 4.3)
Never	Ref.	Ref.	Ref.





Preston and Fruh et al, Environ Res, 2021

Association between Hair Product Use and Birth Weight





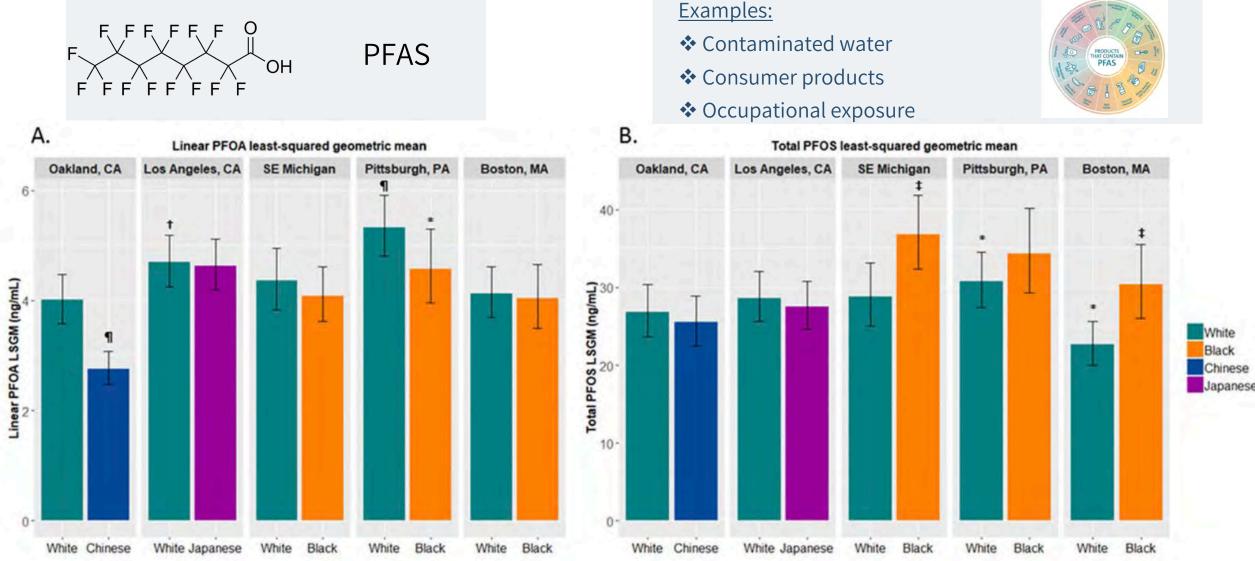
Chan et al, Env Res 2023



Two examples:

- 1. Phthalates and cardiovascular disease risk
- 2. PFAS and cardiovascular disease risk

Examples of disparities in environmental chemical exposures



Park et al, Env Res, 2019

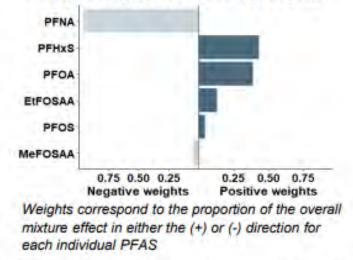
PFAS mixtures and hypertensive disorders of pregnancy

PFAS Mixture

Quantile g-computation results: effect of the PFAS mixture on the odds of GH & PE

 Each quartile increase in the PFAS mixture was associated with 1.40 (95% CI: 1.04, 1.87) greater odds of GH vs. Norm

Figure 2. Quantile g-computation estimated PFAS weights for GH vs. Norm



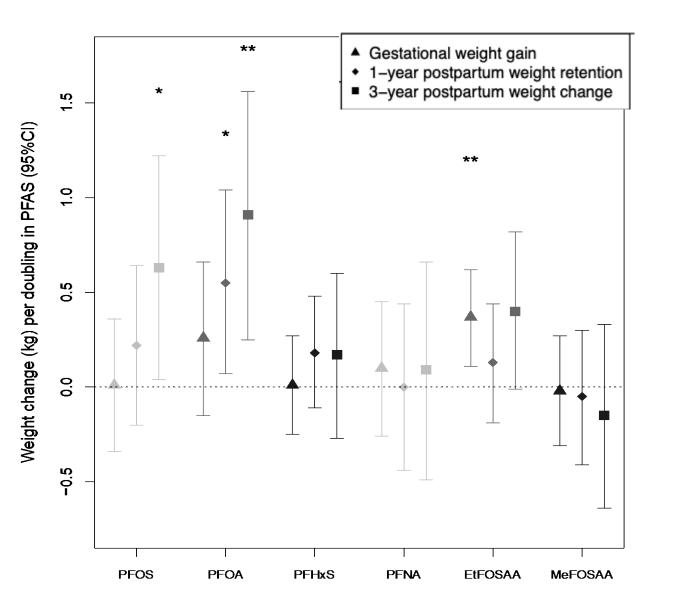
The PFAS mixture was not associated with PE

- PFAS mixtures are associated with 40% increased odds of gestational hypertension
- PFHxS, PFOA, EtFOSAA, and PFOS contribute positively to the association between PFAS mixture and gestational hypertension
- No association between PFAS mixture and preeclampsia

All estimates adjusted for age, marital status, race/ethnicity, education, smoking

Preston et al, Env Int 2022

PFAS and Maternal Weight from Pregnancy to 3 years Postpartum



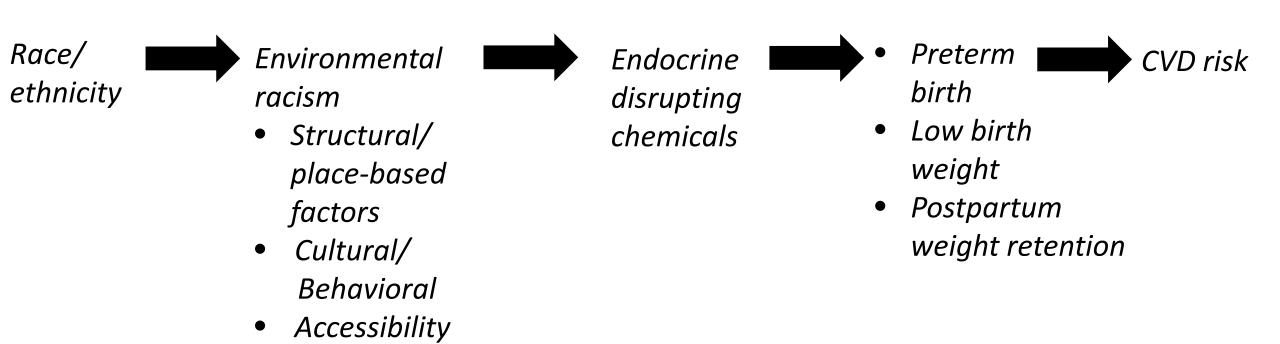
- Women gained 0.37 kg (95% CI: 0.11, 0.62) more gestational weight per doubling of EtFOSAA
- Women retained 0.55 kg (95% CI: 0.07, 1.04) more at 1-year postpartum per doubling of PFOA
- 3-year postpartum : women gained
- 0.63 kg (95% CI: 0.04, 1.22) more per doubling in PFOS,
- 0.91 kg (95% CI: 0.25, 1.56) more per doubling in PFOA, and
- 0.40 kg (95% CI: -0.01, 0.82) more per doubling in EtFOSAA

All estimates adjusted for age, pre-pregnancy BMI, marital status, race/ethnicity, education, household income, smoking, and parity

Mitro et al, Obesity 2019

From Documenting to Doing—Action Steps for Environmental Justice Epidemiologic Research

Identified a potentially modifiable risk factor!



• Availability

Considerations for improving research methods for addressing EDCassociated health disparities

Improve exposure assessment

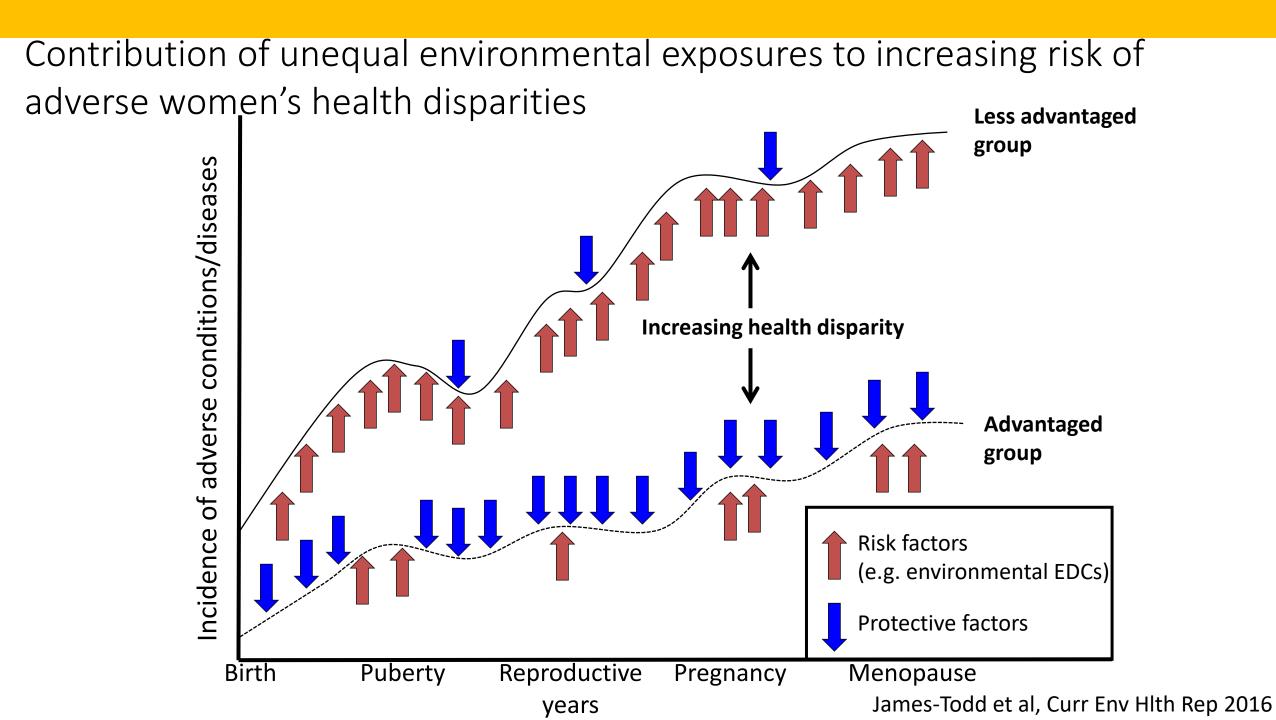
Expand toolkit of statistical methods

Include mixed methods research – qualitative methods are equally important

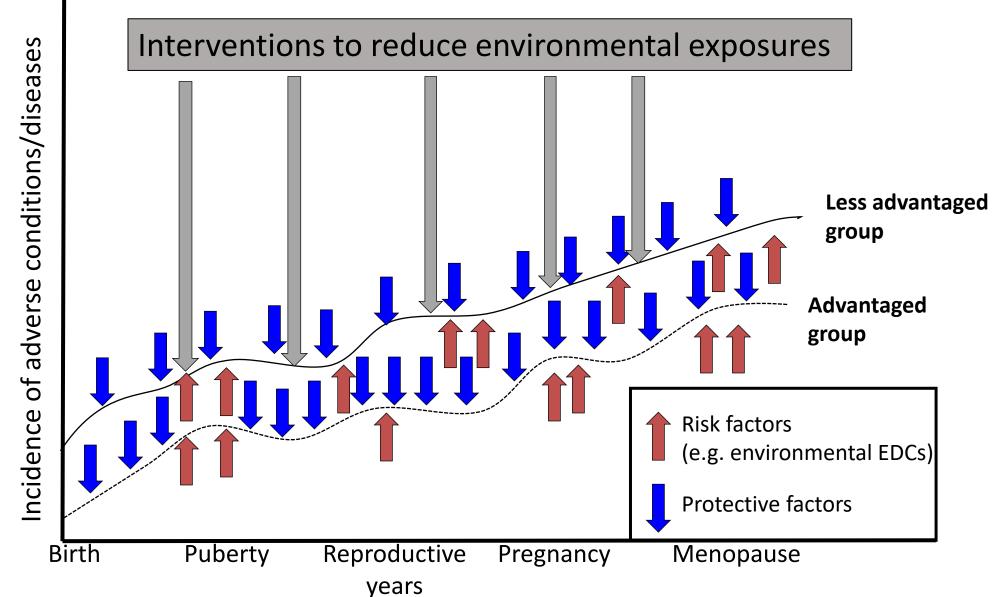
When enough information is available, consider intervention development

Implementation science and effectiveness research

Partner with communities and investigators in other fields



Contribution of unequal environmental exposures to increasing risk of adverse women's health disparities



Acknowledgements



<u>Environmental Reproductive Justice Lab:</u> Marlee Quinn, MPH; Emma Preston, PhD; Kathryn Tomsho, PhD; Zifan Wang, MS; Marissa Chan, MS; Jordan Arvayo, MS; Azariah Boyd, BA; Gerardo Rodriguez, BA

ERGO/LIFECODES Study Team: Michele Hacker, ScD, Blair Wylie, MD; Thomas McElrath, MD, PhD; Ellen Seely, MD; Florence Brown, MD; Russ Hauser, MD, ScD; Paige Williams, PhD; Andrea Bellavia, PhD; David Cantonwine, PhD; Camille Powe, MD; Shruthi Mahalingaiah, MD; Karen O'Brien, MD; Marlee Quinn, MPH; Zifan Wang, MS; Emma Preston, PhD; Victoria Fruh, PhD, Antonia Calafat, PhD; Xiaoyun (Sherry) Ye, MS

Review article and conceptual model: Andrea Bellavia, PhD; Yu-Han Chiu, MD, ScD; Linda Valeri, PhD; Ami Zota, ScD



NHANES Study: Tianyi Huang, ScD; Richard Stahlhut, MD; Russ Hauser, MD, PhD; Sheena-Gail Powell, BS; Janet Rich-Edwards, ScD, Susanna Mitro, PhD; MyDzung Chu, PhD; Robin Dodson, ScD; Gary Adamkiewicz, PhD; Lucy Chie, MD; Florence Brown, MD

Project Viva PFAS: Emma Preston, PhD; Marie-France Hivert, MD; Abby Fleisch, MD; Sharon Sagiv, PhD; Wei Perng, PhD; Sheryl Rifas-Shiman, MS; Jorge Chavarro, MD, PhD; Emily Oken, MD; Ami Zota, ScD; Susanna Mitro, PhD

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NIH R01ES026166, P42ES030990, R01ES033185, R01ES031065, P30ES000002, K12HD051959, Department of Health and Human Services Office on Women's Health, American Diabetes Association Minority Postdoctoral Fellowship, March of Dimes, Environmental Defense Fund







Contact: tjtodd@hsph.harvard.edu



For more information, visit the Environmental Reproductive Justice Lab at: <u>https://projects.iq.harvard.edu/james-toddlab</u>

Advancing Health Equity

Tonya Sharmaine Lane, M.S. Cosmetic Chemist

Curly Chemistry

VIDEO RECORDING

Break

We will resume in <u>Gather.Town at</u> 11:15AM

Virtual Poster Session Gather.Town

11:15AM - 12:30PM

Join us in Gather.Town for the Virtual Poster Session

How to Join Gather.Town

- Please join our sessions currently in progress in Gather.Town
- The Gather.Town link is available in the chat box as well as on the website.
- Detailed Gather.Town instructions can also be found on the website.
- Abstracts and posters are viewable on the symposium website and in Gather.Town.
- For assistance, please send a direct message or email to the contracting team:
 - Damon (RLA), <u>damon.kane@roseliassociates.com</u>
 - Sofia (RLA), sofia.jones@roseliassociates.com



Symposium Website

Upcoming Agenda

11:15 – 12:30 PM Virtual Poster Session in Gather.Town 12:30 – 1:00 PM Lunch

Lunch

We will resume at 1PM

HHS Endocrine-Disrupting Chemicals Innovator Award Competition Awardees

Alexandra Destler

SafetyNEST

Robin Dodson

Silent Spring Institute

Emily Hilz

Individual

Tiffany St. Bernard, Ph.D.

My Hair Days

Dr. Greg Hall, M.D.

National Institute for African American Health (NIAAH)

Erin Speiser

Hackensack University Medical Center

Jacqueline Brown

Empowerment Resource Center, Inc.

Moderated by Margaret Snyder

HHS Endocrine-Disrupting Chemicals Innovator Award Competition Awardees

Alexandra Destler SafetyNEST

SafetyNEST.



HHS ENDOCRINE-DISRUPTING CHEMICALS (EDC) INNOVATOR AWARD COMPETITION PHASE I



Alexandra Destler, Founder & CEO: Alexandra@mysafetynest.com



Mission

Our mission is to dramatically reduce the incidence of preventable diseases linked to toxic chemicals and safeguard the future generations so they can grow and thrive.

AGENDA

- Why I Started SafetyNEST
- What I've Learned
- How We're Reaching Women to Safeguard Future Generations



Daily Exposure to Dangerous Toxic Chemicals

85,000 chemicals surround us daily from flame retardants in bed mattresses to lead in lipstick.

Less than 1% of these chemicals are tested by the EPA for safety or toxicity.

No enforcement in the US that new chemicals be tested for safety before chemicals go to market.







Early Exposure to Toxics is Directly Linked to Diseases

Early life toxic exposures can have harmful effects across the full life span.

Since the 70s...

- Rates of childhood cancers are up 40%
- Learning disabilities now affect 1 out of 6 children born in the US
- Childhood asthma & obesity have tripled.

Diseases linked to toxic chemicals:

- Preterm birth
- Birth defects
- Diabetes
- Obesity
- Asthma
- Childhood cancers
- ADHD and other behavioral and cognitive problems.

 Childhood obesity has more than doubled in last 30 years.

Sources: UCSF Program on Reproductive Health and the Environment Icahn School of Medicine at Mount Sinai, Children's Environmental Health Center.

Existing Health Care Gap Safeguarding the Next Generation



Moms-to-be and New Families

are **unaware of risks or frustrated** & **lack credible guidance** on what's safe and what's not safe in their home.



Reproductive Health Professionals

Lack training, tools and expertise to counsel patients when women are motivated to make behavior change. UCSF Health: https://obgyn.ucsf.edu/news/fewobcounseltoxins

All Women Want a Trusted, Easy & Reliable Solution.

Confidential – Plea

Safeguard your pregnancy and your baby from toxic chemicals that are hiding in plain sight.

It's free.

Safeguard

my NEST now

Works on any device.

Trusted. Safe. Simple.

SafetyNEST.

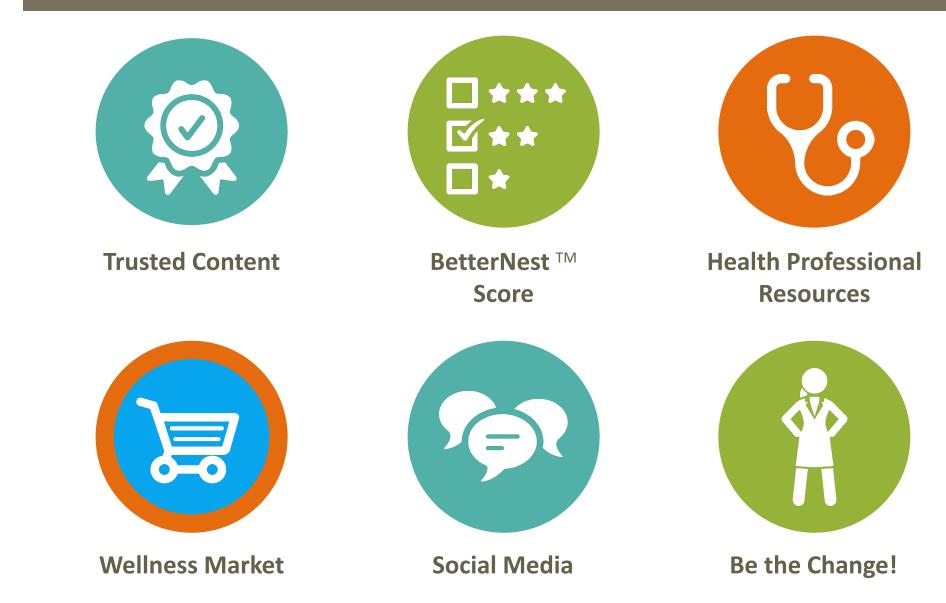
What We Learned



Top Changes for a Healthier Pregnancy and Baby

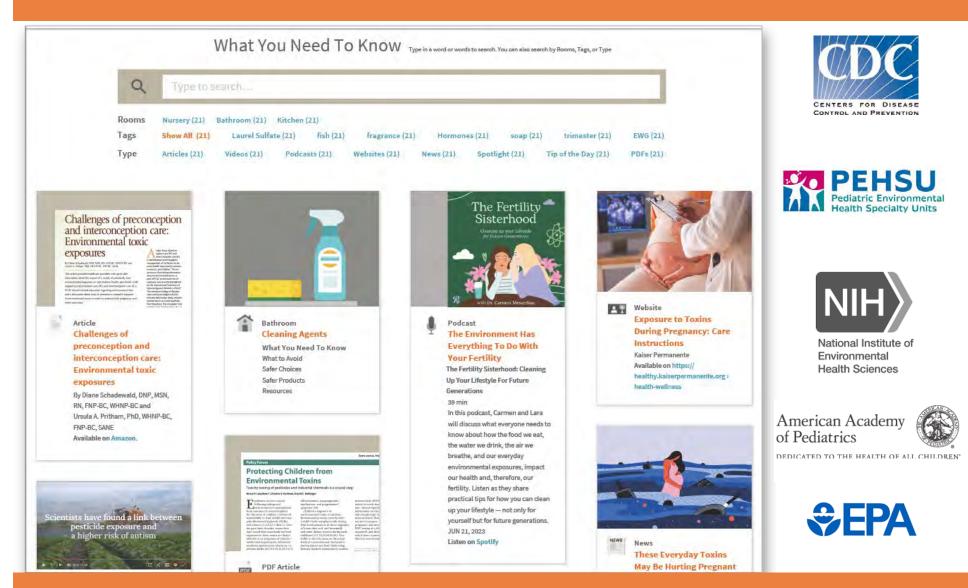


How We're Reaching Women



Confidential – Please DO NOT DISTRIBUTE

Trusted Content



Accurate, Actionable and Affordable Guidance

BetterNest_{TM} **Score**

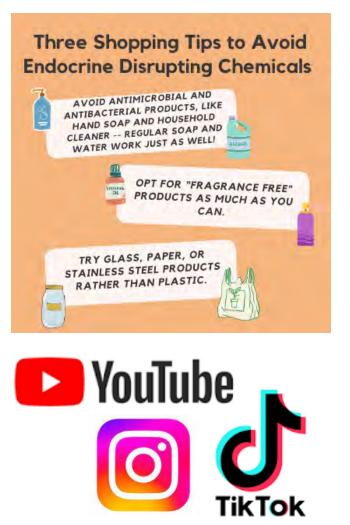


Accurate, Actionable and Affordable Guidance

Wellness Market



SafetyNEST on Social











Accurate, Actionable and Affordable Guidance

Safer Products – How to Find



Non-Toxic Black Beauty Database

Made and sold by <u>Black-owned companies</u>, these products are free of the toxic chemicals on our <u>Red List</u> linked to health concerns that disproportionately impact Black women. To learn more about how chemicals impact your health, <u>check</u> <u>aut the leadth & Science</u> section. Don't see your favorite brand? <u>Nominate them</u>.

Learn More













Be the Change!



Engage in action to drive change locally and domestically by advocating for fair environmental health JUSTICE and protection policies.





Re-Launching Fall 2023: www.mysafetynest.com

Contact: <u>Alexandra@mysafetynest.com</u>

Thank you.



All information in this deck is proprietary and confidential. © 2023

HHS Endocrine-Disrupting Chemicals Innovator Award Competition Awardees

Robin Dodson Silent Spring Institute

Product Options in Women-Engaged Research (POWER) Project

Dr. Elissia Franklin, Aleyana Momplaisir, Lilly Marcelin, Dr. Robin Dodson





A Window into Women's Reproductive Health and Wellness

Silent Spring Institute

Silent Spring Institute is a leading scientific research organization dedicated to understanding the links between environmental chemicals and women's health.

Resilient Sisterhood Project

RSP is a non-profit organization raising awareness and empowering women and young adults of African descent affected by diseases of the reproductive system.















Putting together a team for social media influence

Identified 50 social media content creators across multiple niches

Pitched over 30 creators to be a part of the POWER team

Onboarded a team of 10 social media influencers

Influencer Deliverables

- Attend interactive and informational workshop
- Create and post 1-2 content pieces for social media
- Share a survey with their audience
- Report post analytics and audience feedback





V

Liked by amay0516 and others

foods, and furniture have in common? 🤒

.

ijeomakola What do haircare products, processed

 \bigcirc



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🕴 ijeomakola 🧟

Tip #1: REASSESS

Check the labels of your haircare and beauty products. Be on the lookout for things like phthalates, parabens, and fragrances. Be especially mindful of hair lotions and children's relaxers, which have been shown to have the highest levels of harmful chemicals.

Tip #2: RESTORE

Eating more fresh fruits can reduce your exposure to certain chemicals, so load up on those apples, bananas, and mangos, or whatever your favorite fruits are and skip the processed foods!

Tip #3: REDECORATE

In the market for a new couch? Make sure you ask for upholstered furniture without flame retardant chemicals. Also, ditch vinyl (shower curtains, flooring, toys, etc).

@ I J E O M A K O L A | # P O W E R E J P R O J E C T

Liked by amay0516 and others

ijeomakola What do haircare products, processed foods, and furniture have in common? 🤔



...

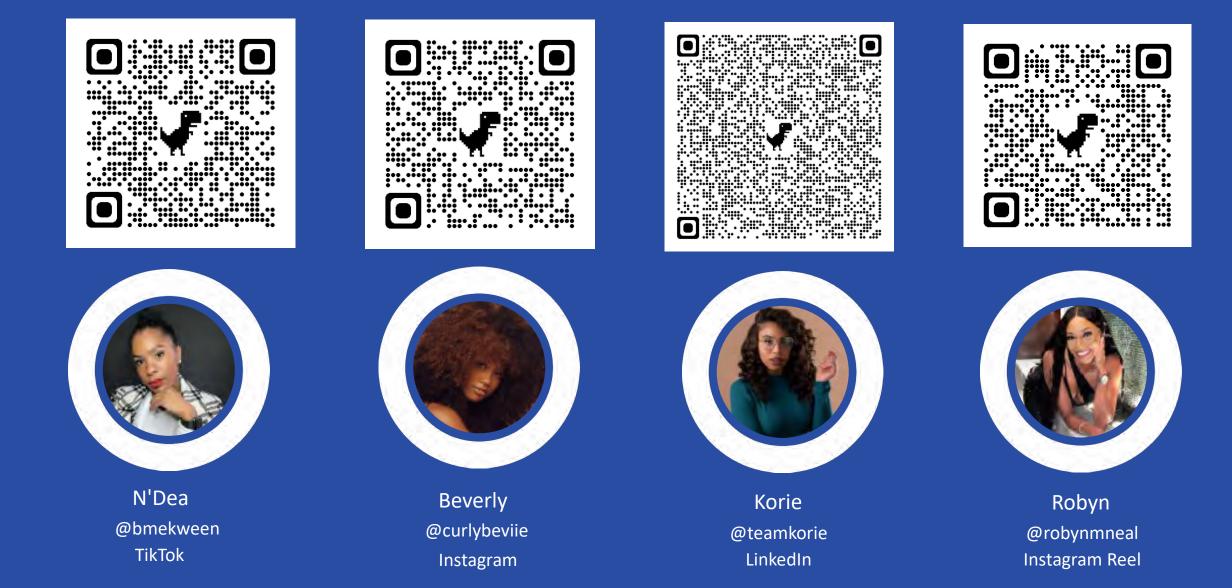
exposures

reduce chemical

 \square

Shares

A wide range of content is being created



Audience feedback

74%

Increased their concern about how chemicals in products may affect their health 83%

Previously heard about chemicals in products affecting health

43%

May start avoiding chemicals of health concern in the products that they purchase

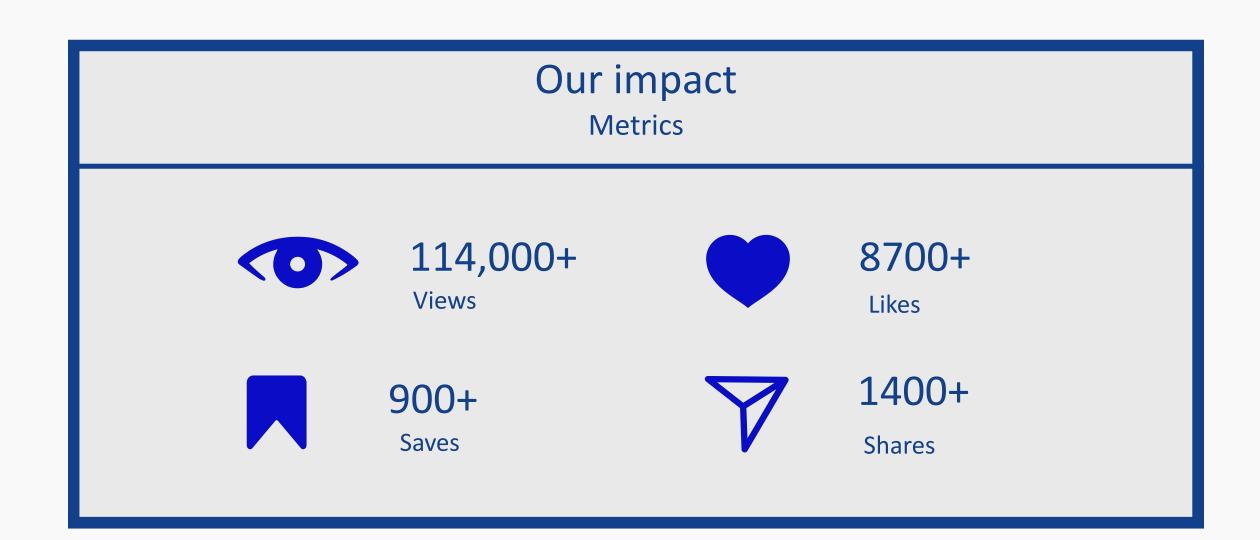
Based on 187 survey participants

So true and very personal for me since I have also had similar struggles! Thanks for sharing and working towards educating more black women about how we can take more informed care of our bodies.

Thanks, [...] for this Call to Action! [...] This beautiful reminder recharges us to take ownership. 56 -

I really love this! I'm really critical about what I put in and put on my body but I still have so much to learn about the different chemicals that go into these everyday products..

From LinkedIn and Instagram viewer comments





Is social media an effective way to reach Black women with information







Connect with us





www.silentspring.org @SilentSpringIns



- @silentspringinstitute
- O @silentspringinsitute



- www.rsphealth.org
 - @ResilientSP



@ResilientSP



@resilientsisterhoodproject

Production team



Karina @dr.karinab Health | Beauty



Jo @jawms Beauty | Lifestyle



Kristen @thepolecologistphd Pole fitness | Liberation



Robyn @robynmneal Food | Lifestyle



Lisa @fitlisag Fitness | Health



Korie @teamkorie Science | Lifestyle



Camille @iamcamillesmith Beauty | STEM



Beverly @curlybeviie Beauty | Lifestyle



N'Dea @bmekween Sustainability | Lifestyle



ljeoma @ijeomakola Lifestyle | Empowerment

HHS Endocrine-Disrupting Chemicals Innovator Award Competition Awardees

Emily Hilz Individual

ENDOSCREEN:

AN APP FOR INCREASING BLACK

WOMEN'S AWARENESS OF EDCS IN

PERSONAL CARE PRODUCTS

Emily Hilz, PhD

lacksquarecolorism lacksquare

Public perception of the risk associated with the use of EDC-containing products is low.

• low awareness of personal routes of exposure such as in consumer products.

BLACK WOMEN ARE DISPARATELY EXPOSED TO EDCS VIA TARGETED CARE PRODUCTS

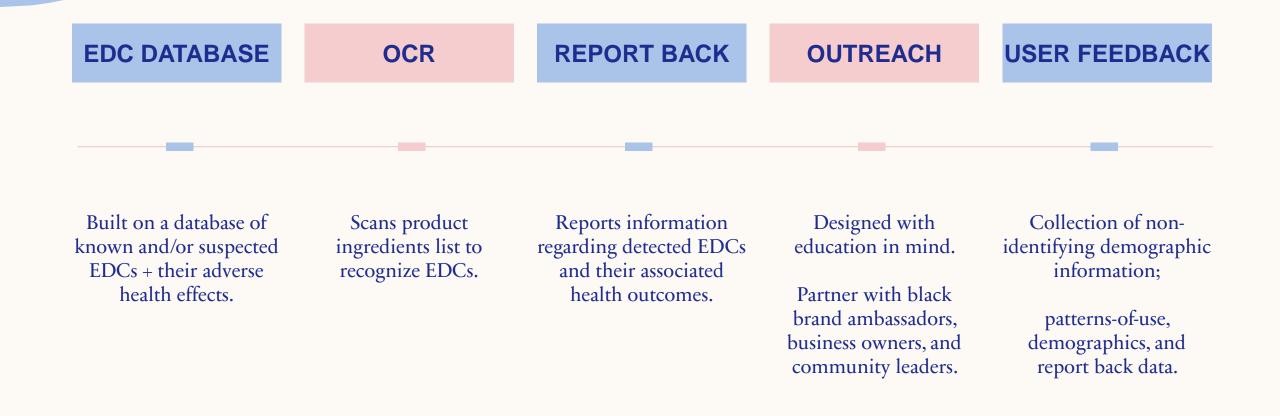
Black women are exposed to EDCs because of socioenvironmental factors:

- natural hair discrimination
- stigma surrounding feminine hygiene

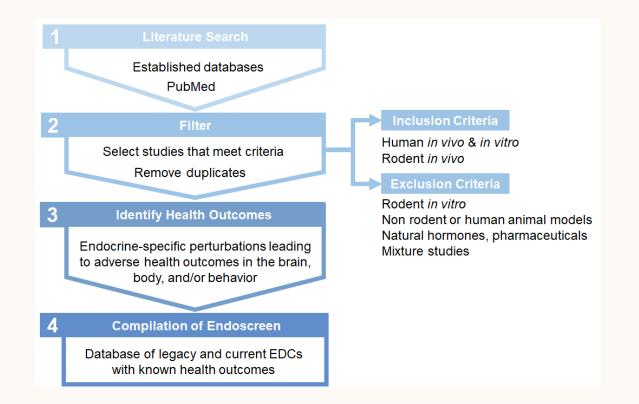
Modest reductions in exposure meaningfully improve health.

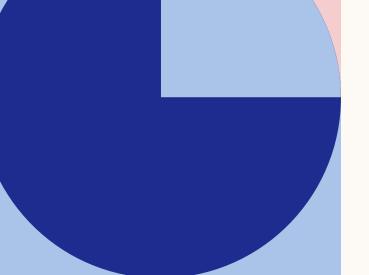
ENDOSCREEN

Mobile app development to increase awareness of / reduce exposure to EDCs



THE DATABASE





Used systematic review to identify EDCs with known health impacts.

- Mix of automated (PubMed api) and manual scanning (specific chemical and outcome).
- Used frequency analysis to assess relevance.

Modeled after DEDuCT; updated methods and criteria, removed duplicates.

• Added ~1300 papers not included in DEDuCT 2.0 for a total of ~14,000 entries and 861 unique EDCs.

117

USER EXPERIENCE

SCAN A LABEL

"Optical Character Recognition" converts text from a picture to machine-readable format.

• Singles out letters and categorizes those as words that can be referenced to the database.

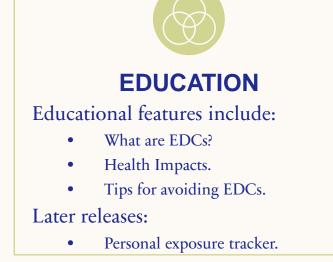


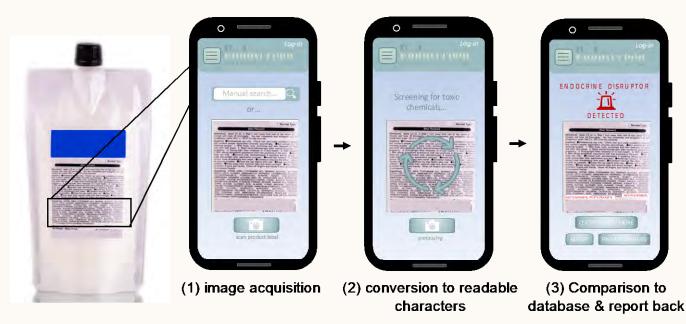
REPORT BACK

Provides a report to users about EDCs in their product(s)

- Health outcomes
- Number of peer-reviewed articles

Report back increases understanding and feelings of empowerment.





REACHING THE BLACK COMMUNITY

"Endoscreen is designed to be used by any person in any circumstance... but we are working specifically to reach black women and members of their and other disproportionately exposed communities."



ENDOSCREEN IS UNIQUE

Works independently in real-time.

No manual databasing of individual products / backend screening staff.

EVIDENCE-BASED

Uses established accessible commination techniques. Addresses uncertainty without undermining confidence. Provides empowering action to choose between products. Works to achieve these goals within a community context.

AND LIVE!

Visit **endoscreen.org** or scan the OR code to view our beta. Our outreach campaign begins in earnest August 2023!





THANK YOU

HHS OFFICE ON WOMEN'S HEALTH

THE ENDOSCREEN TEAM:



EMILY HILZ Project lead and research specialist

ehilz@utexas.edu emilyendocrine in Emily N. Hilz **ROBERT PERCE** Full Stack Engineer; SysAdmin & implementation

FORREST MCDONALD

Software engineer; prototype & DB wrangling



SCAN ME

ENDOSCREEN.ORG Know what you're using

HHS Endocrine-Disrupting Chemicals Innovator Award Competition Awardees

Tiffany St. Bernard, Ph.D. My Hair Days

HHS Endocrine-Disrupting Chemicals Innovator Award Competition Awardees

Dr. Greg Hall

National Institute for African American Health (NIAAH)

NATIONAL INSTITUTE FOR AFRICAN AMERICAN HEALTH & EDC Education

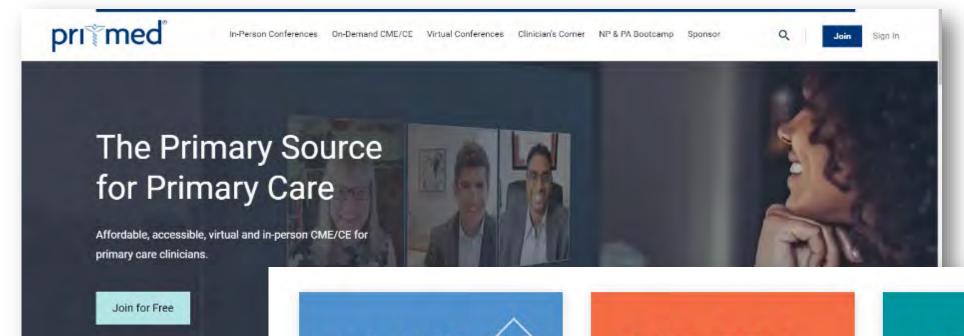
Gregory L. Hall, MD

Founder & Board Chair, National Institute for African American Health

Medical Director, Cutler Center for Men, University Hospitals of Cleveland Associate Professor of Integrative Medical Sciences, Northeast Ohio Medical Univ. Associate Professor of Internal Medicine, Northeast Ohio Medical Univ. Assistant Clinical Professor in Medicine, Case Western Reserve University School of Medicine

Multipronged Approach to Education

- Physician Education
- On-line Resource
- Video Education with Social Media
- Podcast Interviews
- Community Partnerships



54,000 %

New-to-Pri-Med Online clinicians since 2020

160,000

primary care clinicians in Pri-Med's national database



32,590 🐣

Clinicians registered for PrimaryCareNOW in 2022

primed

Bridging the Gap Endocrine Disrupting Chemicals (EDCs) and their Impact on the Health of Women of Color



Gregory L. Hall, MD

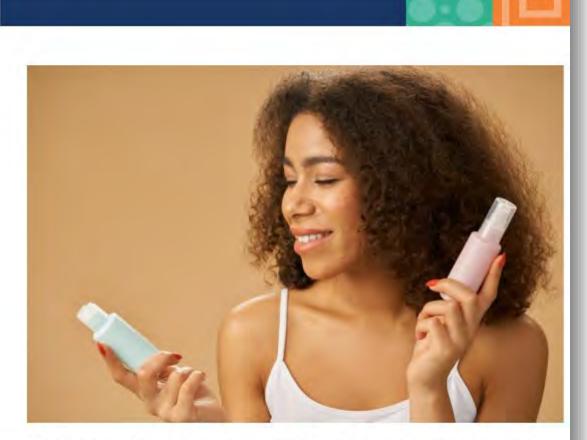
Medical Director, Cutler Center for Men, University Hospitals of Cleveland Associate Professor of Integrative Medical Sciences, Northeast Ohio Medical Univ. Associate Professor of Internal Medicine, Northeast Ohio Medical Univ. Assistant Clinical Professor in Medicine, Case Western Reserve University School of Medicine

Founder & Board Chair, National Institute for African American Health

On-Line Access NATIONAL INSTITUTE FOR AFRICAN AMERICAN HEALTH

NIAAH NATIONAL INSTITUTE FOR AFRICAN AMERICAN HEALTH

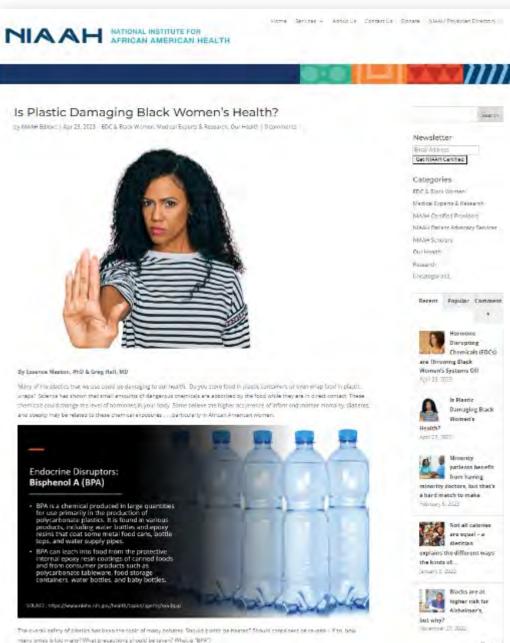
Home Services - About Us NIAAH Physician Directory



Hormone Disrupting Chemicals (EDCs) are Throwing Black Women's Systems Off

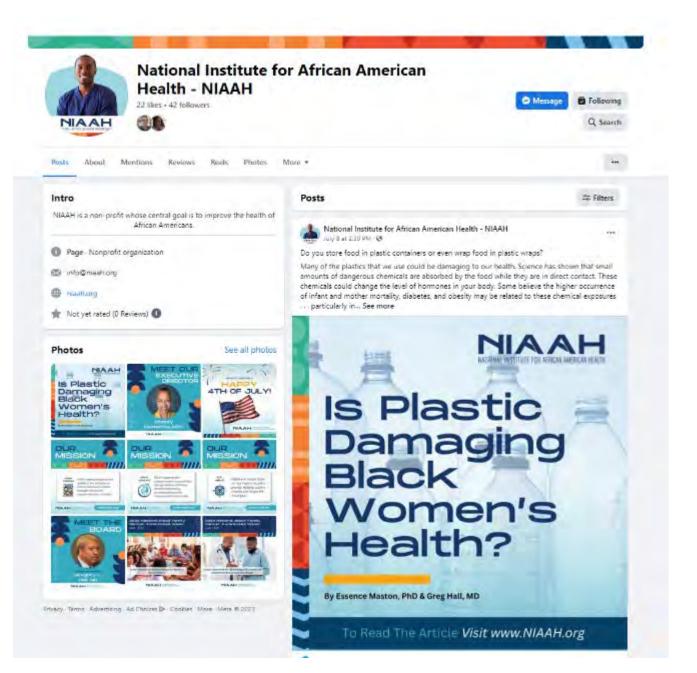
by NIAAH Editors | Apr 23, 2023 | EDC & Black Women

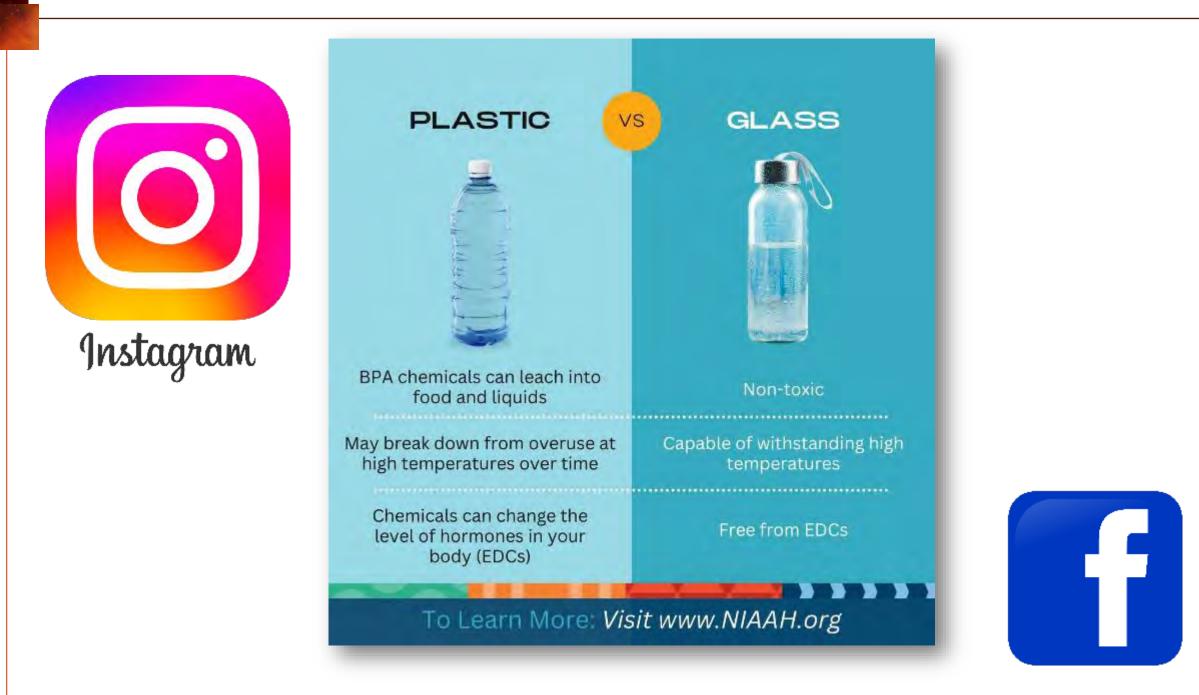
By Essence Maston, PhD & Greg Hall, MDA lot has been written in the news about endocrine disrupting chemicals, or EDCs. Many of these chemicals are found in shampoo, lotions, conditioners, lipstick, makeup, moisturizers, sunscreens, creams,



SOCIAL MEDIA







Three Videos Produced for Our Campaign



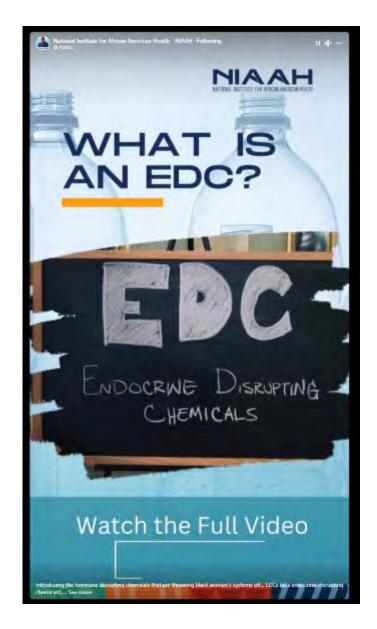
Beyond the Surface: Examining EDC Exposure (FULL VIDEO)| EDC...



EDC Awareness "Two Women-Split Screen" Full Frame | NIAAH.org



"It's Just Hairspray" (Full Frame) | EDC Awareness Video | NIAAH.org



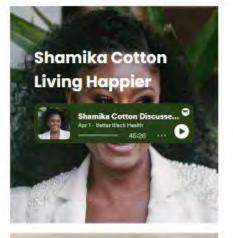


PODCAST

BETTER BLACK HEALTH with Dr. Greg Hall

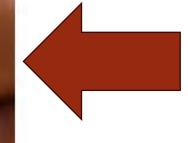
Get the latest health information and hear the most interesting people in the country talk about ways to improve your health











Community Partnerships



Richmond Hts. Health Consortium









Beyond the Surface: Examining EDC Exposure (FULL VIDEO)| EDC...

NATIONAL INSTITUTE FOR AFRICAN AMERICAN HEALTH

& EDC Education







HHS Endocrine-Disrupting Chemicals Innovator Award Competition Awardees

Erin Speiser Hackensack University Medical Center

New Jersey Healthy Salon Workers Training to Reduce Endocrine Disrupting Chemical Exposure Risk among Black Women

Reaching the next generation of cosmetologists

Erin Speiser, PhD, MA, CCRP – Principal Research Associate, Center for Cancer Health Equity, Cancer Institute of NJ, Rutgers University (previously at Hackensack Univ. Medical Center)

Traci N. Bethea, PhD, MPA – Assistant Professor, Office of Minority Health and Health Disparities Research, Georgetown Lombardi Comprehensive Cancer Center

Derek G. Shendell, D.Env, MPH – Professor, Department of Environmental & Occupational Health & Justice; Director, New Jersey Safe Schools Program (NJ SS), Rutgers School of Public Health

Background

- Hairdressers and stylists, barbers, nail technicians, aestheticians and other salon professionals work daily with a wide variety of chemicals, many of which have hazardous properties.
- Research to date has documented that chronic exposure to chemical toxicants currently found in hair and nail preparations can cause adverse health effects such as contact dermatitis, asthma and allergies, and may increase risk of cancer and negative reproductive outcomes.





Background (cont.)

- Hair care and styling products are particularly important as they include chemical relaxers, bonding glues for hair extensions, and other products containing chemical mixtures - a potential "toxic soup" of ingredients not tested for long-term health and safety.
- To date, there is no known cosmetology training program for Black/African American (AA) salon workers including both content on the health hazards of endocrine disrupting chemicals (EDCs) and how to protect oneself from exposure in the salon setting.

Our HHS Challenge Study

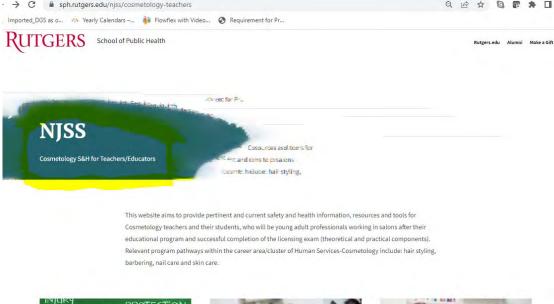
- To help protect the safety and health of these future cosmetology workers (and their clients), we created 2 educational modules on EDCs that have been added to and will be assessed as part of an existing training through the NJ Safe Schools Program from Rutgers School of Public Health:
 - Unit #1: Introduces the racial/ethnic disparities related to salon products and practices that lead to disproportionate EDC exposure among Black/AA women.
 - Unit #2: Focuses on steps that Black/AA students can take to protect themselves from EDCs at work (including alternatives to common EDCs containing products) and how to educate future owners/supervisors and clients.

NJ Safe Schools Program (NJSS)

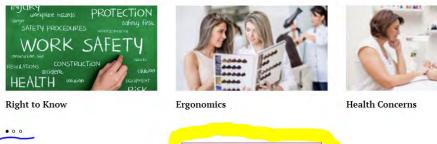
https://sph.rutgers.edu/njss/home

NJSS home page links to:

 Cosmetology S&H for Teachers/ Educators



 Cosmetology S&H for Young Professionals



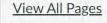
Cosmetology S&H for Young Professional

< >

Launch of the Educational Intervention

- Our team developed content pages information, photos and other visuals with sources, and links to websites or PDF files – that were integrated into the Rutgers Canvas Learning Management System, an asynchronous online learning platform
- Five teachers completed a preview pilot in Spring/Summer 2023:
 - 3 in Somerset County, NJ
 - 2 in Essex County, NJ
- The full rollout with students will occur in Fall 2023, followed by data analysis of the assessment measures

Lesson objectives (example from new modules)



Objectives Topic 4 Part II 🗸

Objectives for lesson 4 Part II

We spend up to 90% of time indoors, where the air is often 2-5 times more polluted than outdoors.[1]

In this presentation, you'll learn about:

1. Identifying everyday exposures to chemicals in salons.

Simple changes can reduce exposures to positively impact salon worker safety and health and the health of clients.
 Racial/ethnic disparities in salon products & practices.

References

1. <u>US Environmental Protection Agency</u>, Report on the Environment/Indoor Air Quality.

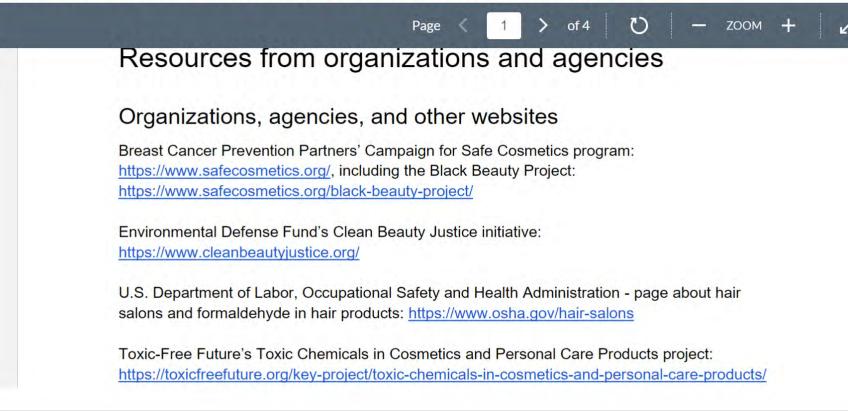
Previous

Organization of content in Canvas (partial list)

Home					
Announcements					
Assignments	Topic 4, Part II: Healthier Salons: Reducing Exposures to Chemicals				
Grades	Prerequisites: Topic 4, Part I: Salon Cleaning Complete All Items				
People	Objectives Topic 4 Part II				
Pages	View				
Files	What are EDCs? Where are they found?				
Syllabus					
Quizzes	Why do we need healthier salons?				
Modules	The Precautionary Principle				
BigBlueButton					
Collaborations	The Good News				
Chat	Healthier Personal Care: for you and your clients				
Rutgers Libraries	E Charles and the feature Dials (African Arraying Street				
Student	Choosing products for your Black/African American clients				
nstructional Rating Survey	F Toxic Beauty (Harvard Medical School)				
Zoom	Choosing Healthier Personal Care Products: How to Read a Label				

Additional resources for students (partial list)

Download Additional Resources for EDCs Module .pdf (108 KB) | A Alternative formats



Case study for knowledge assessment (partial view)

View All Pages

Reducing Exposures to Chemicals Case Study 🎿

GiGi made an appointment at her neighborhood salon. She wanted the new keratin treatment for straightening hair that her best friend had tried.

GiGi had heard confusing news about this keratin treatment, including that someone said it used chemicals that could actually damage hair. Her mother said the chemicals could also harm her health.

Thank you!

Acknowledgements

- Midhat Rehman, MPH
- New Jersey Safe Schools Program, Rutgers School of Public Health
- HHS Office on Women's Health

HHS Endocrine-Disrupting Chemicals Innovator Award Competition Awardees

Jacqueline Brown

Empowerment Resource Center, Inc.



Endocrine Disrupting Chemicals & Women's Health Symposium

July 18th - 19th, 2023

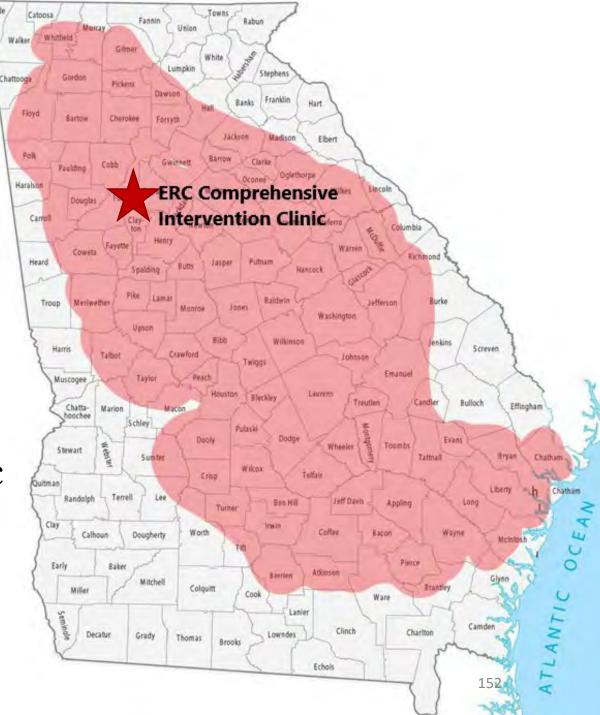
Jacqueline Brown, MSPH MBA BS Chief Executive Officer

ERC Overview

- Established in 2003 and incorporated in 2006
- > 20 Years of Operation
- ➤ A Non-Profit with 501(C)(3) Status
 - Community-Based Organization
 - Comprehensive Continuum of Care
- **ERC** Comprehensive Intervention Clinic
 - Georgia Composite Medical Board
 - Georgia Volunteer Health Care Program
 - Georgia DBHDD Provider and Community BH Clinic
- > 3-Year Accreditation for Behavioral Health Services by CARF

ERC Overview

- Located in Atlanta, Georgia
- ➢ HHS HRSA 340B Covered Entity
 - STD
 - Ryan White
 - Family Planning Clinic
- > Three HRSA 340B Eligible Facilities
 - Comprehensive Intervention Clinic
 - Clayton County BOH
 - ERC on the M.O.V.E.



ERC Overview

- Three Access Points for Services
 - Walk-in
 - ERC Telemedicine
 - Multiple Satellite Locations
- Multiple Contract Pharmacy
- Healthcare Accessibility
 - New to the Medicaid Arena
 - Accept Most Major Private Insurance
 - Sliding Fee Scale
 - Grant-Funded Services
 - Pursuing FQHC LAL Designation



Mission

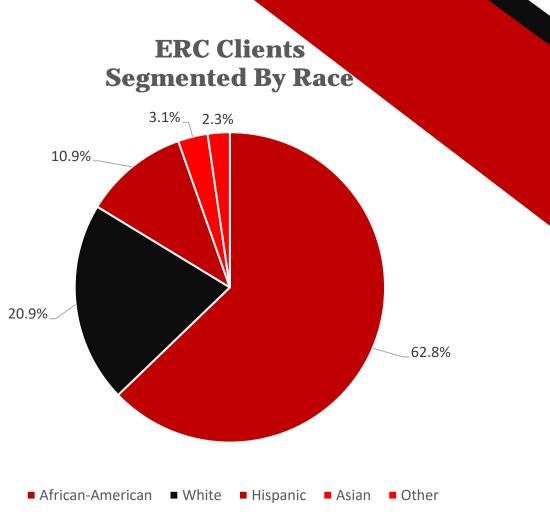
To Provide Programs, Services, and Communitylevel Solutions That Improve The Healthrelated Quality of Life for the Communities We Are Privileged to Serve.

Vision

Achieving Healthier Outcomes **One Client At A Time**

ERC Client Pool Characteristics

- >39.0% Were Under the Age of 29>44% Uninsured
- 2.0% HIV Seropositive Rate
 81.2% Linkage to Care Rate
 15% Were Repeat Visitors for STI Services
- Gender Segmentation:
 - Male (66.0%)
 - Females (30.5%)
 - Gender non-conforming (2.0%)
 - Self-identified transgender (1.0%)



Endocrine Disrupting Chemicals

ERC Website Dedicated to Educate Black & African-American Women

- ≻ Inform on the Risk of EDC Use
- Educate about EDC Links to Cancers & Reproductive Health Issues
- List EDC Used in Household Products
 Share Strategies That Help to Reduce
 EDC Exposure



39% Likelihood of Black Women Dying from Breast Cancer Than White Women

Community Outreach Events



Additional Questions?

Jacqueline Brown, MSPH, MBA, BS Chief Executive Officer

Empowerment Resource Center, Inc. (404) 526-1145 www.ERC-Inc.org



Simple Ways Patients can Limit **Exposure to EDCs**

Leonardo Trasande, MPP, M.D.

Moderated by Margaret Snyder

Simple Ways Patients can Limit Exposures to EDCs

Leonardo Trasande, MPP, M.D. Professor of Pediatrics

NYU Grossman School of Medicine

Break

We will resume at 2:45PM

Work Across the Government

Catherine Aubee, Sue Fenton, Tucker Patterson

Moderated by Margaret Snyder

Work Across the Government

Catherine Aubee

Senior Advisor for Endocrine Disruptor Screening Program

US Environmental Protection Agency, Office of Pesticide Programs

US EPA Endocrine Disruptor Screening Program

An Update for

HHS Office on Women's Health Endocrine Disrupting Chemicals and Women's Health Symposium Work Across the Government

July 19, 2023







Overview of U.S. EPA's Endocrine Disruptor Screening Program (EDSP)

SNURONNITED STATES - LONEDE -

Statutes & Organization

Congress passed the Food Quality Protection Act in 1996, which required EPA to screen pesticide chemicals for endocrine activity. In 2020, EDSP was integrated into the pesticide program.

Chemical Lists

List of substances covered by the program and status on screening lists.

Enhancing Efficiencies

EDSP is enhancing efficiencies through use of artificial intelligence, machine learning, natural language processing.

Tiered Testing

EDSP uses a tiered approach to screen chemical. Tier 1 involves *in vitro* and *in vivo* screens for potential activity. Chemicals that move to Tier 2 are screened for adverse endocrine effects.

Alternative Methods

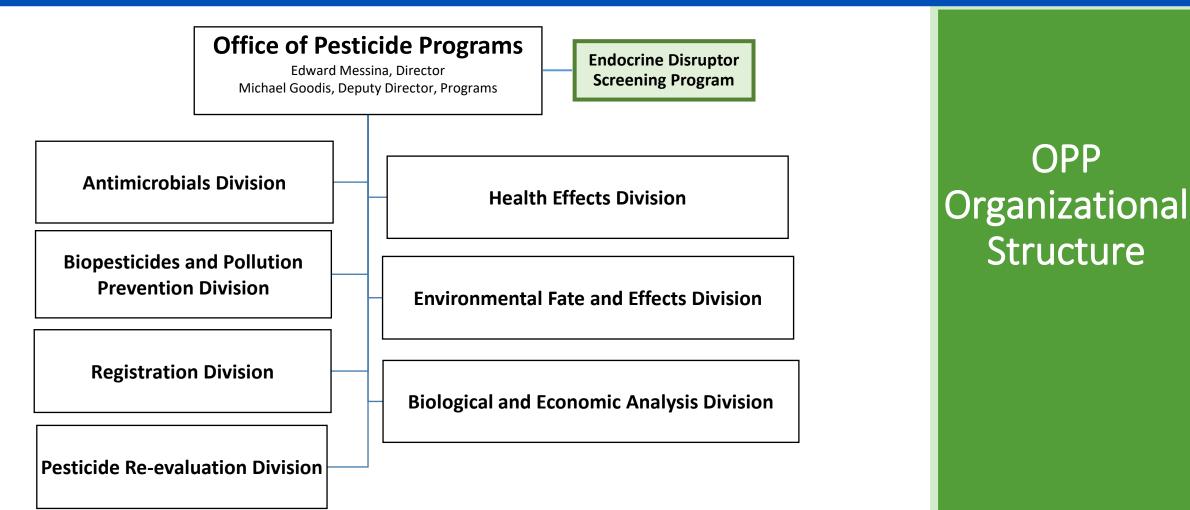
Cutting-edge technologies are used to prioritize chemicals and reduce, refine, or replace vertebrate animal testing. These are needed to increase the pace of chemical screening and testing.

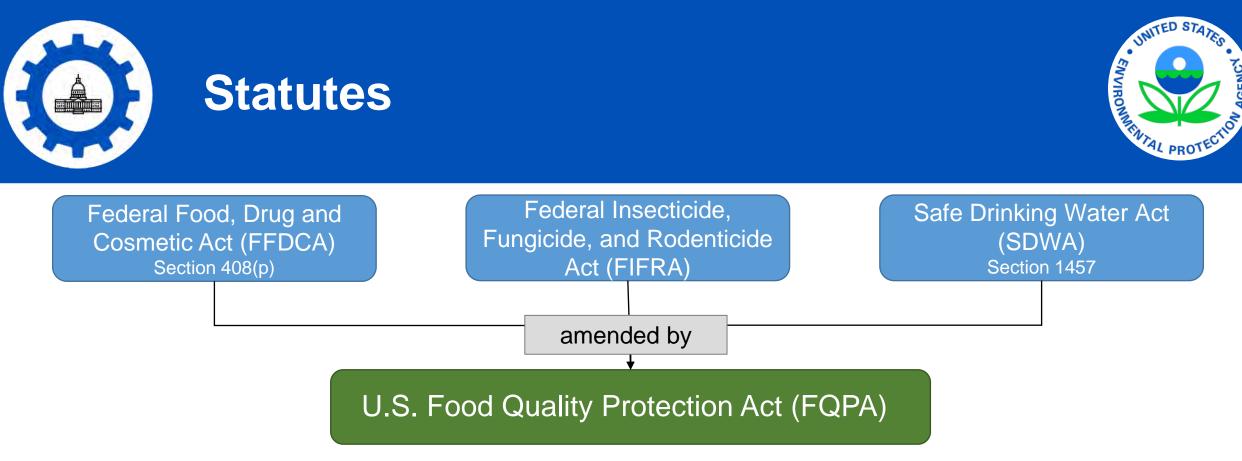




Organization







Legislative Mandate (Priority):

• **Requires** EPA to screen pesticide chemicals for their potential for estrogenic effects in humans

Discretionary Authority:

- Authorizes EPA to include other endocrine effects similar to an estrogen effect (expanded to androgen and thyroid)
- Addresses human health (expanded to include aquatic and terrestrial vertebrate wildlife)
- Authorizes EPA to screen any other substances similar to a pesticide chemical





Endocrine Disruptor Definition



2002 World Health Organization (WHO) definition of "endocrine disruptor"

An endocrine disruptor is an exogenous substance or mixture that alters function(s) of the endocrine system and consequently causes adverse health effects in an intact organism, or its progeny, or (sub)populations.

http://www.who.int/ipcs/publications/new_issues/endocrine_disruptors/en/







EDSP's tiered approach to screen chemicals includes a Tier 1 battery of assays and Tier 2 tests.

Tier 1:

- 5 In vitro and 6 in vivo screens
- Detect potential to interact with endocrine system_

Tier 2:

- May be called in after Weight of Evidence (WoE) review of Tier 1 data
- Multi-life stage/generational studies covering a broad range of taxa
- Determine adverse apical outcomes associated with endocrine effects

	EDSP Tier 1 Battery	Туре	Tier 1 Test Guideline
	Estrogen Receptor (ER) Binding	In vitro	OCSPP 890.1250
-	Estrogen Receptor Transactivation (ERTA)	In vitro	OCSPP 890.1300
	Uterotrophic (UT)	In vivo	OCSPP 890.1600
	Androgen Receptor (AR) Binding	In vitro	OCSPP 890.1150
	Aromatase	In vitro	OCSPP 890.1200
	Steroidogenesis (STR)	In vitro	OCSPP 890.1550
	Hershberger	In vivo	OCSPP 890.1400
	Female Rat Pubertal	In vivo	OCSPP 890.1450
	Male Rat Pubertal	In vivo	OCSPP 890.1500
	Fish Short Term Reproduction (FSTRA)	In vivo	OCSPP 890.1350
	Amphibian Metamorphosis (AMA)	In vivo	OCSPP 890.1100
	EDSP Tier 2 Tests	Туре	Tier 2 Test Guideline
	Rat 2-generation Reproduction	In vivo	OCSPP 870.3800
	Rat Extended 1-Gen Reproduction	In vivo	OECD TG 443
	Medaka Extended 1-Gen Reproduction	In vivo	OCSPP 890.2200
	Larval Amphibian Growth & Development	In vivo	OCSPP 890.2300
	Avian Multi-Generation Reproduction	In vivo	OCSPP 890.2100





EDSP screens pesticides, chemicals, and environmental contaminants for their potential effect on estrogen, androgen, and thyroid hormone systems. Designation on List 1 or List 2 does **not** mean a chemical will affect the endocrine system.

First List of Chemicals for Tier 1 Screening (List 1) announced in 2009

- High exposure potential
 - Pesticide active ingredients
 - High Production Volume (HPV) chemicals used as pesticidal inert ingredients
- 67 chemicals on original list
- 15 chemicals were not supported by industry
- 52 chemicals were tested in Tier 1 battery

Second List of Chemicals for Tier 1 Screening (List 2) announced in 2013

- Identified via EPA's drinking water and pesticide programs
 - Excluded biologic agents, naturally-occurring chemicals, and hormones
- 107 chemicals
- Approximately 60 chemicals are not pesticide chemicals





EDSP published a Universe of Chemicals list in 2012.

The updated list of chemical substances covered by the EDSP include:

- ~ 1,200 pesticide active ingredients,
- ~ 2,500 pesticide inert ingredients,

~ 6,000 drinking water contaminants, - Discretionary Authority: SDWA§1457

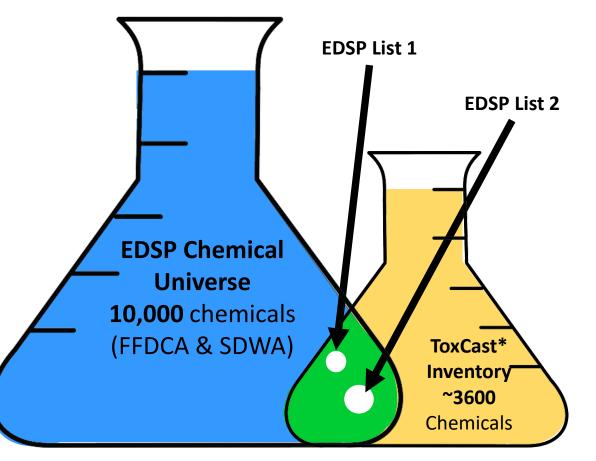
Statutorily Required: FFDCA§408(p)(3)(A)

with some overlap between these lists.





- Rapidly screen chemicals in the EDSP Universe for endocrine bioactivity
- Provide alternative data for specific endpoints in the EDSP Tier 1 battery of assays
- Contribute to the **weight of evidence** screening level determination of a chemical's potential bioactivity





Need for Alternative Methods



Goal: Thousands of chemicals to be screened as quickly and accurately as possible.

New Approach Methods (NAMs) are being developed for enhancing efficiencies.

High-Throughput (HTP) Assays for

• Estrogen Receptor, Androgen Receptor, Steroidogenesis, Thyroid Pathway

Other tools and approaches

 SeqAPASS, Systematic Reviews, In Vitro to In Vivo Extrapolation (IVIVE), and Bioactivity Exposure Ratio (BER)

In January 2023, EPA published a draft paper on the availability of NAMs for EDSP.

https://www.regulations.gov/document/EPA-HQ-OPP-2021-0756-0002





Validated Alternatives ER and AR Full Pathway Models



Estrogen Receptor (ER) pathway model may be used as an alternative to performing three current EDSP Tier 1 screening assays:

- ER binding *in vitro* assay (OCSPP 890.1250)
- ER transcriptional activation (ERTA) in vitro assay (OCSPP 890.1300)
- In vivo Uterotrophic assay (rat) (OCSPP 890.1600)

Androgen Receptor (AR) pathway model may be used as an alternative for one current EDSP Tier 1 screening assay:

AR binding in vitro assay (OCSPP 890.1150)

EDSP Tier 1 Battery	Туре	Tier 1 Battery Alternatives
Estrogen Receptor (ER) Binding	In vitro	ER Model (Alternative)
Estrogen Receptor Transactivation (ERTA)	In vitro	ER Model (Alternative)
Uterotrophic (UT)	In vivo	ER Model (Alternative)
Androgen Receptor (AR) Binding	In vitro	AR Model (Alternative)
Aromatase	In vitro	STR Model (Future)
Steroidogenesis (STR)	In vitro	STR Model (Future)
Hershberger	ln vivo	AR/STR Model (Future)
Female Rat Pubertal	ln vivo	ER, STR, THY Models (Future)
Male Rat Pubertal	ln vivo	AR, STR, THY Models (Future)
Fish Short Term Reproduction (FSTRA)	ln vivo	ER, AR, STR Models (Future)
Amphibian Metamorphosis (AMA)	In vivo	THY Model (Future)
EDSP Tier 2 Tests	Туре	Tier 2 Test Alternatives
Rat 2-generation Reproduction	In vivo	ER, AR, STR, THY (Future)
Rat Extended 1-Gen Reproduction	In vivo	ER, AR, STR, THY (Future)
Medaka Extended 1-Gen Reproduction	In vivo	ER, AR, STR (Future)
Larval Amphibian Growth & Development	In vivo	THY (Future)
Avian Multi-Generation Reproduction	In vivo	ER, AR, STR, THY (Future)



High Throughput and Computational Methods



ER Full Pathway Model

Use multiple assays (18) for pathway coverage

- Different technologies
- Different points in pathway

No assay is perfect

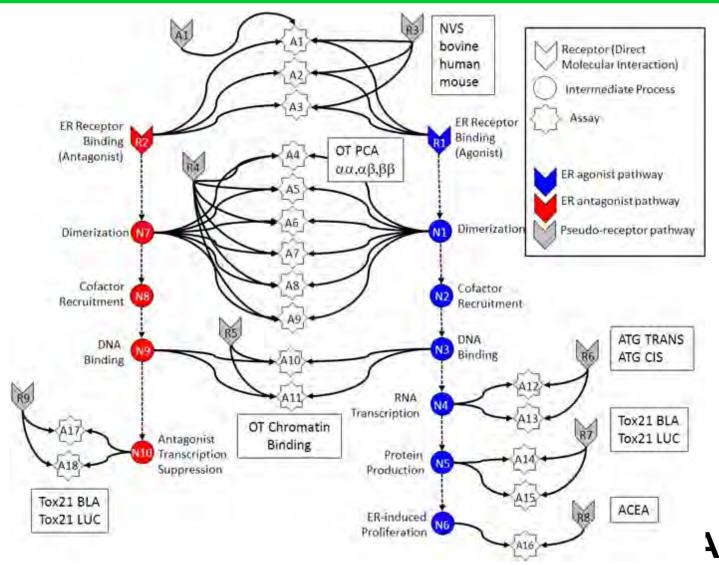
- Assay Interference
- Noise

Use model to integrate assays

Evaluate model against reference chemicals

Methodology being applied to other pathways

US EPA. 2014. FIFRA SAP "Integrated Endocrine Bioactivity and Exposure-Based Prioritization and Screening"



175



AR antagonist

pathway

High Throughput and Computational Methods

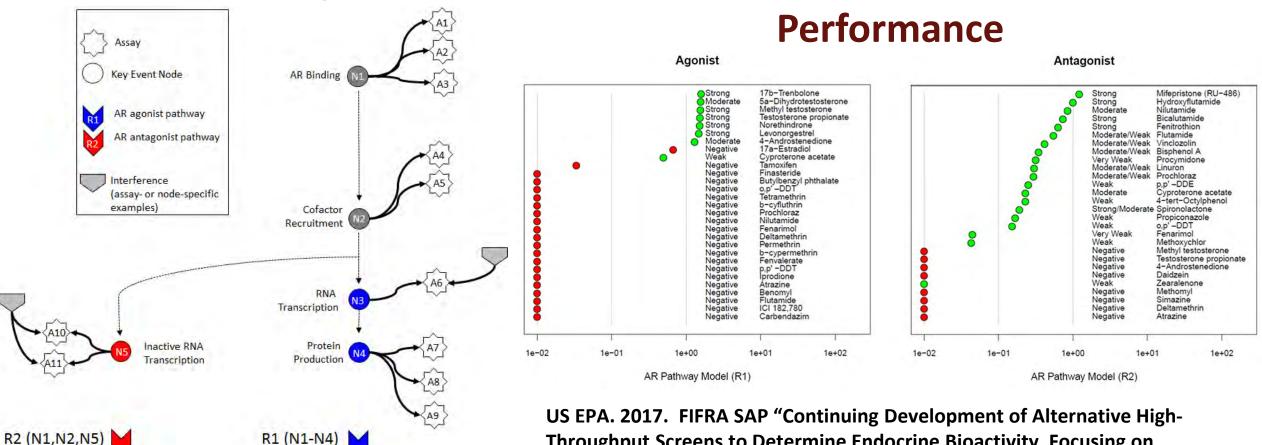


AR Full Pathway Model

R1 (N1-N4)

AR agonist

pathway



Throughput Screens to Determine Endocrine Bioactivity, Focusing on Androgen Receptor, Steroidogenesis, and Thyroid Pathways"

AR Reference Chemical



Other NAMs



The following NAMs are proposed for use in **priority setting** or as **Other Scientifically Relevant Information (OSRI)** in WoE evaluations:

- Reduced assay subset (4-7 assays) ER & AR pathway models
- QSAR models for ER and AR
- SeqAPASS Sequence Alignment to Predict Across Species Susceptibility tool
- IVIVE In Vitro to In Vivo Extrapolation
- iBER integrated Bioactivity and Exposure Ratio

Tools for Future Development

- Steroidogenesis HT assay
- Thyroid Adverse Outcome Pathway Network



ER and AR Subset Models



The full ToxCast ER and AR pathway models are proposed as **alternatives** to Tier 1 assays

• BUT expensive, and some component assays no longer commercially available

Can we simplify?

• Assay subsets were assessed, and 4 to 7 assays provided equivalent performance (*e.g.*, balanced accuracy) to the full pathway models

Next steps

- Validate assay subsets (4 5 assays per pathway) using reference chemicals and a set of 'validation' chemicals
- Once validated, screening of pesticide chemicals will begin using these subsets



ER Subset Models



	Assay #	ER Assay type	Species
	1	receptor binding	bovine
	2	receptor binding	human
	3	receptor binding	mouse
	4	receptor dimerization	human
	5	receptor dimerization	human
	6	receptor dimerization	human
	7	receptor dimerization	human
	8	receptor dimerization	human
	9	receptor dimerization	human
	10	DNA binding	human
	11	DNA binding	human
	12	transcriptional activity	human
	13	transcriptional activity	human
	14	gene expression	human
	15	gene expression	human
	16	cell proliferation	human
179	17	gene expression	human
1/3	18	gene expression	human

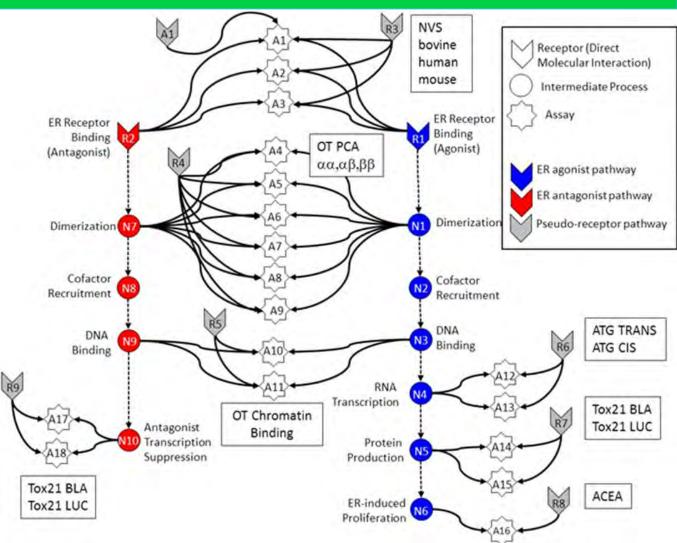
Key events



Dimerization

Transactivation

Proliferation





Endocrine Disruptor Science Policy Council (EDSPOC)



OPP established the EDSPOC in 2022 to make recommendations concerning

- FFDCA section 408(p)(4) exemptions
- When the use of validated **NAMs** as alternatives is acceptable
- Appropriate use of **OSRI** for use in a weight-of-evidence (WoE) analysis
- Assist in reviewing registrant-submitted rebuttals

Regularly scheduled meetings with 13 members consisting of two co-chairs, one secretary, nine other members and the OPP Senior Science Advisor.

EDSPOC will play a key role in ensuring continued progress in implementing EDSP.



EDSP Exemptions



Under FFDCA, EPA can exempt chemicals from the Endocrine Disruption Screening Program Sufficient information to conclude that a chemical is anticipated not to produce an effect in humans or other organisms similar to an effect produced by a naturally occurring estrogen, androgen or thyroid hormone

Exemptions (8) have previously been issued for chemicals with limited use patterns and therefore limited potential for exposure and for chemicals with limited or targeted toxic effects

- *Exposure examples*: Acetominophen (2014) and Gonadatropin Releasing Hormone (2020)
- Limited toxicity examples: Agrobacterium Radiobacter strains K84 and K1026 (2012), Dioctyl Sodium Sulfosuccinate (DSS; 2014) and Undecylenic Acid (UDA; 2014), Polybutene Resin (2014), Kaolin (2015)

Since approval of the charter in 2022, EDSPOC has approved an additional 6 exemptions.



Other Progress



Program Management

- Established EDSPOC
- Developed coordination memo with Office of Water
- More frequently updating EDSP website (epa.gov/endocrinedisruption)
- Hired Senior Advisor to coordinate regulatory implementation (*that's me!*)

EDSP NAMs Paper

- Draft released January 2023
- Will release final paper following resolution of comments
- Includes Response to Comments on 2015 "Pivot" Notice and 2017 FIFRA SAP



2024

2025

EDSP Targeted Goals



 Publish the EDSP NAMs Paper (January 19, 2023) Develop an EDSP strategic plan with implementation and performance measures Determine and publish need for List 1 Tier 2 data

- Publish List 2 action plan
- Evaluate inclusion of Tier 1 in Part 158 registration
- Initiate any List 1 Tier 2 test orders

Thank you! Questions?



Contact: <u>Aubee.catherine@epa.gov</u> Catherine Aubee, Senior Advisor Endocrine Disruptor Screening Program U.S. Environmental Protection Agency









Work Across the Government

Sue Fenton

Reproductive Endocrinology Lead

NIEHS National Toxicology Program

Work Across the Government

Sue Fenton, PhD MS Division of Translational Toxicology - NIEHS -

July 19, 2023 Endocrine Disrupting Chemicals and Women's Health Symposium



National Institute of Environmental Health Sciences Your Environment. Your Health.

The National Institute of Environmental Health Sciences

MISSION

Discover how the environment affects people in order to promote healthier lives

VISION Provide global leadership for innovative research that improves public health by preventing disease and disability





Division of Extramural Research & Training (DERT)

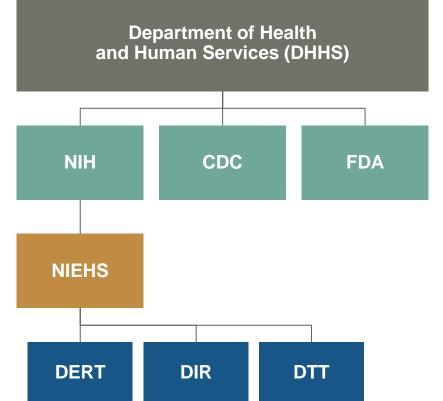
• Plans, directs, and evaluates grant programs that support research in environmental health

Division of Intramural Research (DIR)

Carries out fundamental research in NIEHS
 laboratories to investigate the biological mechanisms
 that underlie response to environmental stressors

Division of Translational Toxicology (DTT)

 Evaluates chemicals/agents of public health concern by developing and applying tools of modern toxicology and molecular biology





NIEHS: DES and Environmental Estrogens

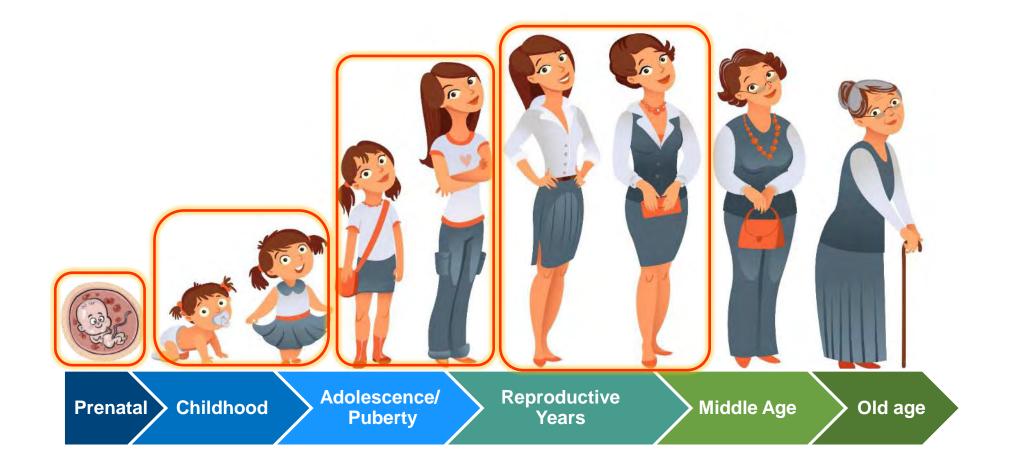
- 1940's-71: DES prescribed to millions of women to reduce miscarriage; also given to suppress milk production, reduce hot flashes, stunt growth in "tall" girls, treat acne, etc...
- McLachlan, Korach, & Newbold reported:
 - Exposure to exogenous estrogens during fetal development will profoundly alter sexual differentiation (1975 and onward)
 - DES is a transplacental carcinogen
 - Developmental exposure to DES can cause obesity in offspring
- "Environmental Estrogens"
 - Certain chemicals can act like or interfere with hormones



John McLachlan



National Institute of Environmental Health Sciences Your Environment. Your Health.



Fenton SE. Endocrine-disrupting compounds and mammary gland development: early exposure and later life consequences. Endocrinology. 2006 Jun;147(6 Suppl):S18-24. doi: 10.1210/en.2005-1131.



EDC's and Women's Health

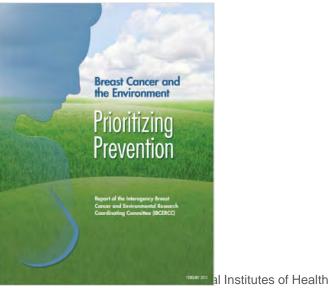
- Maternal Health
- Infertility
- Puberty and development
- Endometriosis, uterine fibroids, ovarian dysfunction, and lactational defects
- Premature menopause
- Breast, ovarian, cervical, and endometrial cancer





Breast Cancer & the Environment Research Program (BCERP)

- 2004-2019 Multi-Center
- DOHaD approach
- Evaluation of multiple EDCs
- Puberty timing
- Mammographic density
- Breast outcomes
- Hundreds of publications



U.S. Department of Health and Human Services



NIEHS Initiatives in DOHaD Research

- Role of Environmental Chemical Exposures in the Development of Obesity, Type 2 Diabetes and Metabolic Syndrome
- Preconception and Transgenerational Inheritance programs EDCs
- The Role of the Microbiome in DOHaD program
- Environmental influences on Placental Origins of Development (ePOD) program
- Maternal Health program
- Children's Environmental Health programs
 - NIEHS/EPA Children's Centers
 - CHEAR/HHEAR
 - ECHO





Jerry Heindel



Thad Schug

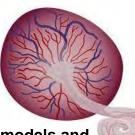
Heindel – founding member U.S. DOHaD Society



National Institute of Environmental Health Sciences Your Environment. Your Health.

Current EDC Programs

<u>Environmental Influences on</u> <u>Placental Origins of Development</u> (ePOD) Program (2014-current)



- Accelerate development and application of new models and methods for placental assessment
- Better understand the effects of exposures on <u>early stage</u> placental physiology, endocrine, immune, and metabolic functions
- Determine relationships between exposures, placental health, and subsequent effects on fetal and maternal health

Pregnancy as a Vulnerable Time Period for Women's Health (2020 – current)

- Program Goal: spur animal-based mechanistic and epidemiological research to investigate exposures during pregnancy and the postpartum period with impacts on maternal health and determine the life-long effects of on a woman's health
- Research includes a range of exposures and outcomes impacting women's health up to 12 years post partum
 - PFAS, PCBs, pesticides, flame retardants, PM2.5, phthalates, phenols/parabens, PAHs, metals
 - Cardiometabolic biomarkers and type 2 diabetes, weight retention and adiposity, atherosclerosis and cardiovascular health, immune cell function, endocrine function, and bone health

Preconception Exposure Program (2017- current)

- Work in established <u>animal model</u> systems
- Pre-fertilization exposures, NOT *in utero*, or post-conception
- <u>Comprehensive mechanistic analysis</u>
- Environmentally-induced germ cell alterations
- Endocrine disruptors, pesticides, components of air pollution, combined exposures, etc
- Studies should focus on link between exposure and health outcomes in first generation offspring



Thad Schug, PhD Abee Boyles, PhD

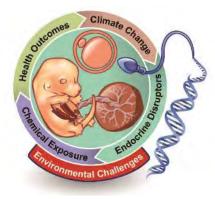


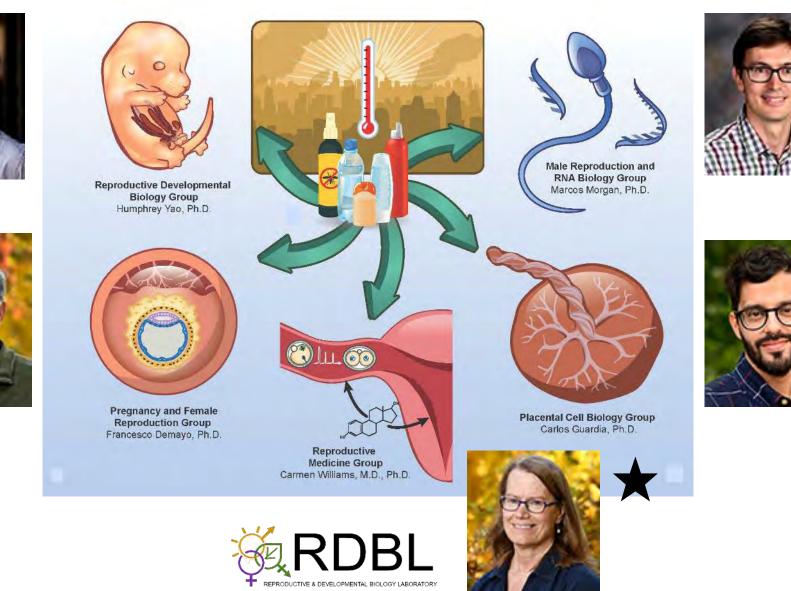


National Institute of Environmental Health Sciences Your Environment. Your Health. Reproductive and Developmental Biology Laboratory









National Institutes of Health U.S. Department of Health and Human Services



The Sister Study

Enrolled over 50,000 women with a sister with breast cancer (2004-2009) to address concerns about environmental exposures

- Sisters have 2-fold breast cancer risk
- Increased power to detect associations
- Sisters highly motivated; response rates high

> 4,000 incident breast cancer cases

- Ongoing follow-up
- Able to consider breast cancer subtypes and population subgroups

Range of health outcomes & exposures, including EDCs

- Hormone responsive cancers (e.g., ovary, uterus, thyroid)
- Metabolic dysfunction and disease
- Exposomics, genomics, GIS-linkages, biomarkers, questionnaire data



Sister Study Co-investigators

Sandler et al., EHP 2017



Hair Straightener/Relaxers and Uterine Cancer Incidence

Background: Hair straightener/relaxers contain endocrine-disrupting chemicals, can release formaldehyde when heated



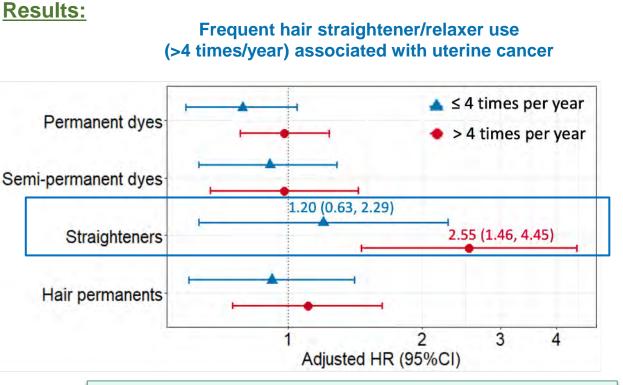
• Frequent use of straighteners/relaxers associated with breast and ovarian cancer (Eberle et al., 2020 IJC, White et al., 2021 IJC, White et al., 2020 Carcinogenesis)

<u>Hypothesis:</u> Chemical hair product use is associated with a higher uterine cancer incidence



<u>Methods:</u> Sister Study participants with a uterus at enrollment (N=33,497, 2003-2009)

- Self-reported frequency of hair products use in <12 months; proxy for "usual adult use"
- ~10.9 years of follow-up
- N=378 uterine cancer cases



• Black women were 60% of ever users

• Associations similar for Black and Non-Hispanic White women



Lexie White, PhD

<u>Conclusion:</u> Frequent hair straighteners/relaxer users were <u>more than twice as likely</u> to develop uterine cancer compared to non-users Chang et al, JNCI 2022

• Implications may be greater for Black women due to higher prevalence of use



Health Disparities & U4 Focus

NIEHS Social and Environmental Determinants of Health Initiatives & Programs



EHD-EJ Faculty Website: https://www.niehs.nih.gov/research/programs/ ehd-ej/index.cfm Addressing Racism as a Public Health Issue Through the Lens of Environmental Health Disparities and Environmental Justice



Friday, December 10, 2021 9:00 a.m. – 4:45 p.m. EST

Workshop Website: https://www.niehs.nih.gov/news/events/past mtg/2021/ejworkshop2021/index.cfm Environmental Impacts on Women's Health Disparities and Reproductive Health



Workshop Website: https://www.niehs.nih.gov/news/events/past mtg/2022/ehdworkshop2022/index.cfm



Workshop Website: https://www.niehs.nih.gov/news/events/past mtg/2022/eheworkshop2022/index.cfm

Maintaining and Enriching Environmental Epidemiology Cohorts to Support Scientific and Workforce Diversity U24 Program RFA Reissue Forthcoming NOT-ES-23-001 Closed February 10, 2023



Melissa M. Judd-Smarr, PhD Research to Action: Assessing and Addressing Community Exposures to Environmental Contaminants R01 Clinical Trial Optional NIEHS – NIMHD PAR-22-210

PAR-22-210 NIH Standard Due Dates

indsey Martin, PhD Liam O'Fallon, MA

Women's Health Awareness Transforming Communities by Enhancing Women's Health





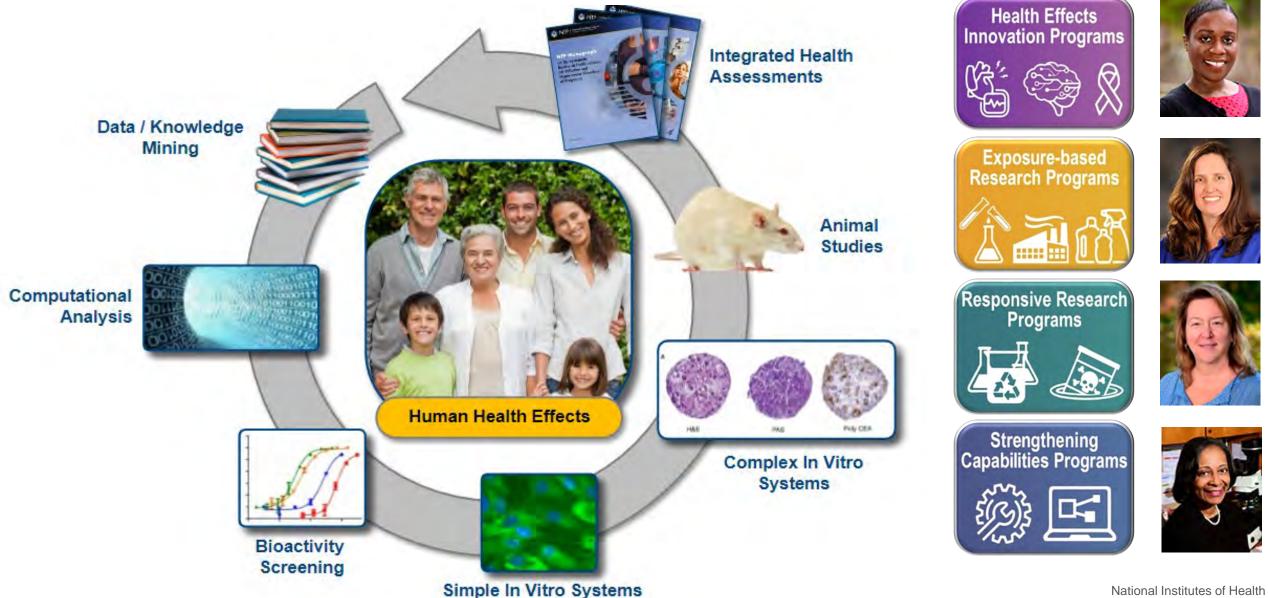
Website: https://www.niehs.nih.gov/research/programs/wha /index.cfm

National Institutes of Health U.S. Department of Health and Human Services

NIH

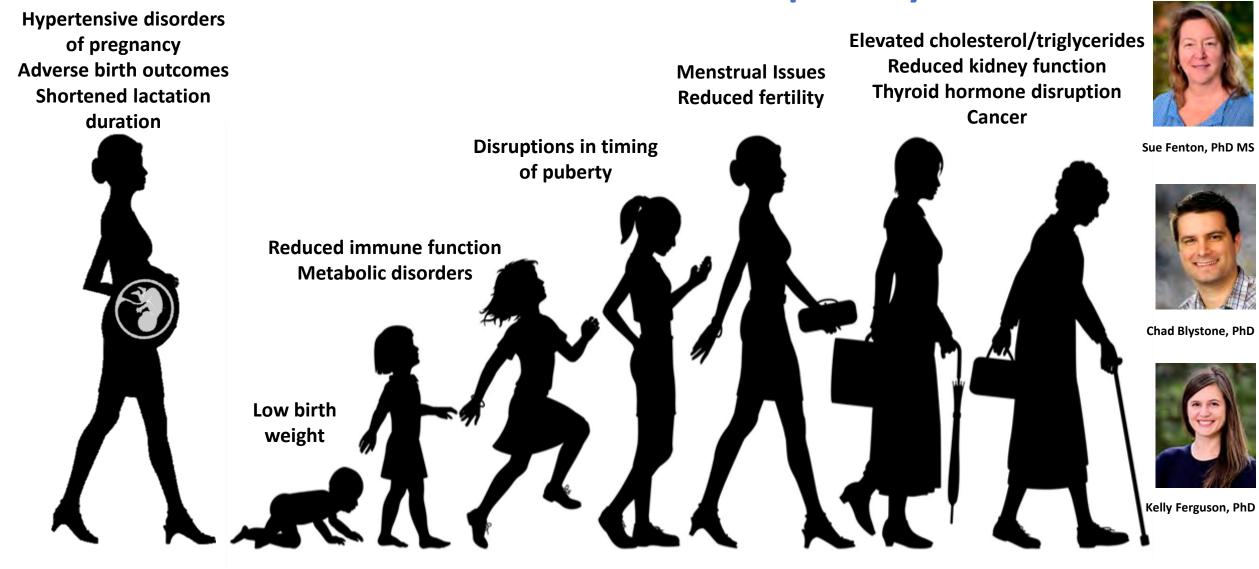
National Institute of Environmental Health Sciences Your Environment. Your Health.

Translational Toxicology Pipeline



U.S. Department of Health and Human Services

In utero PFAS exposure sets the stage for a lifetime of increased disease susceptibility



Thank you for your attention!

Questions??

phytoestrogens triphenyltin-chloride magnetic-fields TCDD pesticide-mixture methylcholanthrene nicotine dioxane household-cleaners pesticides resveratrol hydroxyatrazine Glycodelin EDC-mixture SOV EDCs simazine isobutyl-paraben PBDE Casein caffeine BPA-G Phthalate urban-rural flutamide Thimerosal atrazine AHR-modulators DES DEHP TMG AhR vinclozolin diadzein DDE Genistin zinc EE Parabens dioxin Genistein alcohol Triphenyltin Zearalenone estrogenic-bioactivity carcinogens pyrethroid DDT Polyfluoroalkyl-chemicals soy-isoflavones Tributyltin cadmium high-fat BRCA-KO chlorophenoxy-acetic-acid dibutylphthalate testosterone-propionate Ethylenethiourea tobacco Phthalates air-pollution n-octylphenol polymeric-nanoparticles organochlorine-pesticides Ricinus-communis-oil

Work Across the Government

Tucker A. Patterson, Ph.D. Director

FDA National Center for Toxicological Research



NATIONAL CENTER FOR TOXICOLOGICAL RESEARCH

Working Across the Government

Tucker A. Patterson, Ph.D. Director National Center for Toxicological Research

July 19, 2023

National Center for Toxicological Research



NCTR was established in January 1971 as a nonregulatory national resource to conduct integrated toxicological research and foster interagency, academic, and industrial collaboration in support of risk-assessment needs related to public health.

PERSONNEL

- 5 Offices
- 6 Research Divisions
- ~500 employees

FACILITY

- > 1M sq. ft. 30 buildings
- 100+ experimental labs
- 75+ AAALAC labs



Endocrine Disruptor Knowledge Base (EDKB)



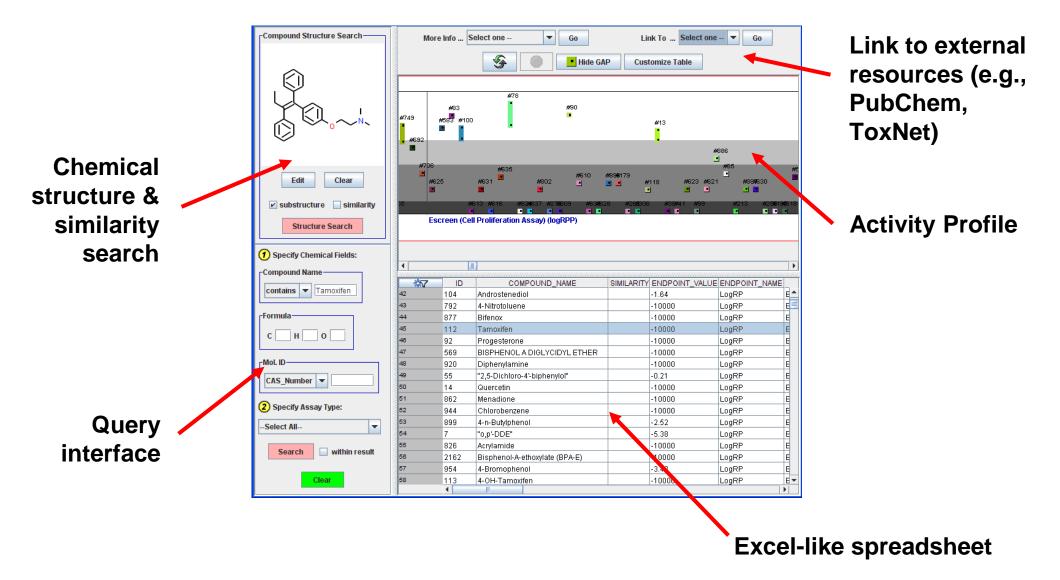
Objective: A resource that contains both experimental data and predictive models for endocrine disrupting compounds

EDKB is intended to serve as a resource for research and regulatory scientists to access endocrine activity data and to foster the development of computational predictive toxicology models. It consists of the following resources:

- a biological activity database
- QSAR (Quantitative Structure-Activity Relationship) training sets
- in vitro and in vivo experimental data for more than 3,000 chemicals
- literature citations
- chemical-structure search capabilities

https://www.fda.gov/science-research/bioinformatics-tools/endocrine-disruptor-knowledge-base-edkb

EDKB – Query and Presentation



Estrogenic Activity Database (EADB)

FDA

Objective: A resource that contains a comprehensive collection of experimental estrogenic activity data for safety evaluation

Overview:

- Over 18,000 experimental estrogenic data points were curated for more than 8,000 compounds
- Four different types of data (binding, reporter gene, cell proliferation, and in vivo) from 11 species
- In addition to the standardized data and chemical structures, it contains assay protocols, literature references, and chemical properties
- Some SAR/QSAR models have been developed for predicting estrogenic activity <u>https://www.fda.gov/science-research/bioinformatics-tools/estrogenic-activity-database-eadb</u>



Multigenerational Studies

NCTR/NTP Multigenerational Studies

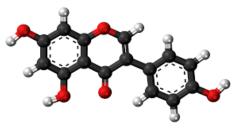
- Studies were initiated under the NIEHS/FDA IAA¹ in 1997 to address certain aspects of the then emerging "endocrine disruptor hypothesis."
- Broad range of endpoints examined with primary focus on reproductive function and reproductive tract cancers
- Intent was to examine the long-term consequences of doses that produced subtle effects, including doses in the range of human exposures or at levels previously shown to have no or minimal effects in rodent models
- Study design also examined:
 - potential for magnification of subtle reproductive effects over multiple generations
 - importance of exposure windows
 - whether effects are reversible or are imprinted to carry over across generations

¹NIEHS/FDA IAA, National Institute of Environmental Health Sciences/US Food and Drug Administration Interagency Agreement

FDA

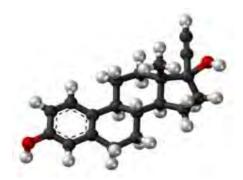
Multigenerational Studies: Test Agents

- Genistein, an isoflavone and phytoestrogen to which there is widespread human exposure through soy foods, dietary supplements, and soy formula
- Ethinyl estradiol (EE₂), a potent synthetic estrogen that is commonly used as the estrogenic component of oral contraceptives
- Pharmacokinetic, neurotoxicology, behavioral, and immunotoxicology studies conducted, in addition to the multigenerational and chronic toxicity studies
- Other compounds with reported effects on estrogen and/or androgen signaling (nonylphenol, methoxychlor, and vinclozolin) also evaluated, although with a more limited scope



FDA

Genistein



Ethinyl estradiol

NCTR and NTP Peer-Reviewed Publications



¹Complete list, delclos kb newbold r - Search Results - PubMed (nih.gov)

NTP TECHNICAL REPORT ON THE

(CAS NO. 446-72-0)

(FEED STUDY)

P.O. Box 12233

March 2008

NTP TR 539

NIH Publication No. 08-4477

National Institutes of Health Public Health Service

FDA

Bisphenol A (BPA)

- High-production volume industrial chemical
 - Production of polycarbonate plastic and epoxy resins
 - Manufacturing of food and drink storage containers, lining of food cans, dental sealants, medical devices, thermal paper, and optical disks
- Widespread low-level human exposure, mainly oral, due to migration from food packaging materials (indirect food additive)
 - Estimated mean intake range < 0.5 μg/kg body weight/day
- FDA's current assessment is that BPA is safe at the current levels occurring in foods



FDA



Back in 2008... Several Data Gaps Identified...



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Conclusion Regioning Geological Confession

- FDA/NCTR Research Program on BPA was specifically designed to address data gaps identified by the NTP/CERHR¹ and FDA/CFSAN expert reviews, including the need for more research on:
 - Toxicokinetics in various experimental species, over a wide dose range, life stages, and routes of administration
 - Toxicity studies with robust design that include perinatal exposure and internal dosimetry measurements

¹NTP/CERHR, NTP Center for the Evaluation of Risks to Human Reproduction; FDA/CFSAN, US FDA Center for Food Safety and Applied Nutrition

NCTR Research Program on BPA

Toxicokinetics

- ✓ Species: Mouse, rat, non-human primate
- *Routes of exposure*: Oral, subcutaneous, and intravenous
- Life stages: Fetal, neonatal, juvenile, adult, pregnant
- ✓ Deuterated BPA to avoid confounders from environmental BPA

Physiologically based pharmacokinetic (PBPK) models

- ✓ Extrapolation to humans
- ✓ Extrapolation across routes of exposure
- ✓ Extrapolation across life stages

¹CLARITY-BPA, Consortium Linking Academic and Regulatory Insights on Bisphenol A Toxicity

Toxicity rat studies

- ✓ 90-day subchronic study
- ✓ Two-year chronic study (core study of CLARITY-BPA¹)
- Life-long oral exposure, including during gestation
- Monitoring of BPA and estrogenic background exposures, large sample size, multiple doses and endpoints

FDA

NCTR Peer-Reviewed Publications

Toxicokinetic studies

RCM

RAPID COMMUNICATIONS IN MASS SPECTROMETRY Rapid Commun. Mass Spectron. 2010; 24: 3011-3020 Published online in Wiley Online Library (wileyonlinelibrary.com) DOI: 10.1002/rcm.4733

Quantification of deuterated bisphenol A in serum, tissues, and excreta from adult Sprague-Dawley rats using liquid chromatography with tandem mass spectrometry[†]

Nathan C. Twaddle, Mona I. Churchwell, Michelle Vanlandingham and Daniel R. Doerge* Dwston of Biochemical Toocology, National Center for Tooicological Research, U.S. Food and Drug Administration, Jefferson, AR 72079, USA



journal homepage: www.elsevier.com/locate/ytaap

Distribution of bisphenol A into tissues of adult, neonatal, and fetal Sprague–Dawley rats

Daniel R. Doerge ^{4,9}, Nathan C. Twaddle ⁴, Michelle Vanlandingham ³, Ronald P. Brown ^b, Jeffrey W. Fisher ⁴ ⁴ ¹Okion of Biological Taxing, National Corety & Facheshard Roman, US, Nod and Day, Administration, Jeffrom, AR 72078, USA ⁴ ¹Okion of Biological Iduality, 15 for and The Archimatismus, Stef Organ Ma USA

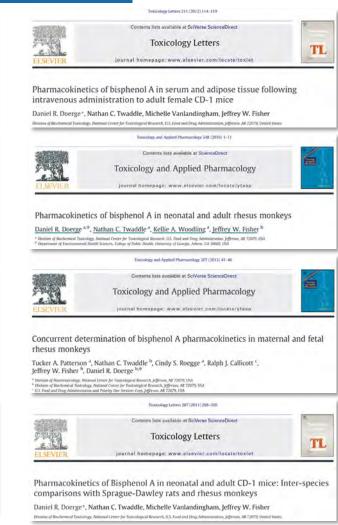


Pharmacokinetics of bisphenol A in neonatal and adult Sprague-Dawley rats

Daniel R. Doerge ^{a, g}, Nathan C. Twaddle ^a, Michelle Vanlandingham ^a, Jeffrey W. Fisher ^b ^a Duino of Incience Toissings, Noised Cover fir Inecisignal Research, US find and Drg Administration, Jeffrey W. Fisher ^b ^b Department of Environmental Meth Sciences, College of Public Vients, US International Controls, USA



Lactational transfer of bisphenol A in Sprague–Dawley rats Daniel R. Doerge⁺, Michelle Vanlandingham, Nathan C. Twaddle, K. Barry Delclos Deside of Biochemical Texicology, Sutemat Centre for Texcological Research, U.S. Food and Drug Admenistration. 2000 NCRT Read Lyffrawa, AR 7407%, United State



PBPK models

ALCENTRATION DOLLARS	
A CONTRACTOR	Contents lists available at SolVerse ScienceDirect
	Toxicology and Applied Pharmacology
ELSEVIER	journal homepage: www.elsevier.com/locate/ytsap
of bisphenol A	ic modeling: Prediction and evaluation of route dependent do in monkeys with extrapolation to humans Nathan C. Twaddle, Michelle Vanlandingham, Daniel R. Doerge
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	Toxicology and Applied Pharmacology 270 (2013) 45-59
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Prediction and stages using a Xiaoxia Yang*, Da	Contents lats available at SciVerse ScienceDrect Doxicology and Applied Pharmacology Journal homepage: www.elewvier.com/locate/ytage evaluation of route dependent dosimetry of BPA in rats at diffe physiologically based pharmacokinetic model miel R. Doerge, Jeffrey W. Fisher gr Normal Greer for Insunigred Brown, Ned for Drg, Absenserence, 2009 ACC Med, physiol. (54 Thickney and Applied Themsoning 200 (2015) 442–456

FDA

NCTR and NTP Peer-Reviewed Publications

90-day toxicity rat study

TOXICOLOGICAL SCIENCES 139(1), 174–197 2014 doi: 10.1093/toxsci/kfu022 Advance Access publication February 4, 2014

Toxicity Evaluation of Bisphenol A Administered by Gavage to Sprague Dawley Rats From Gestation Day 6 Through Postnatal Day 90

K. Barry Delclos,^{5,1} Luísa Camacho,^{*} Sherry M. Lewis,¹ Michelle M. Vanlandingham,^{*} John R. Latendresse,⁴ Greg R. Olson,⁴ Kelly J. Davis,⁴ Ralton,⁴ Gonçalo Gamboa da Costa,^{*} Kellie A. Woodling,^{*} Matthew S. Bryant,^{*} Mani Chidambaram, Raul Troboyich,^{*} Beth E. Juliar,⁸ Robert P. Felton,⁵ and Brett T. Thorn⁵

TOXICOLOGICAL SCIENCES 139(1), 4–20 2014 doi: 10.1093/toxsci/kfu021 Advance Access publication February 4, 2014

Comparison of Life-Stage-Dependent Internal Dosimetry for Bisphenol A, Ethinyl Estradiol, a Reference Estrogen, and Endogenous Estradiol to Test an Estrogenic Mode of Action in Sprague Dawley Rats

Mona I. Churchwell, Luísa Camacho, Michelle M. Vanlandingham, Nathan C. Twaddle, Estatira Sepehr, K. Barry Delclos, Jeffrey W. Fisher, and Daniel R. Doerge¹

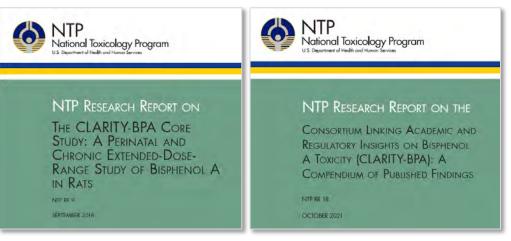


72079, USA ⁶ Division of Systems Biology, National Center for Toxicological Research, Food and Drug Administration, 3900 NCTR Road, Jefferson, AR 72079, USA ⁶ Office of Scientific Coordination, National Center for Toxicological Research, Food and Drug Administration, 3900 NCTR Road, Jefferson, AR 72079, USA

Chronic toxicity rat study (CLARITY-BPA core study)



L. Camacho^a, S.M. Lewis^a, M.M. Vanlandingham^a, G.R. Olson^b, K.J. Davis^b, R.E. Patton^b, N.C. Twaddle^a, D.R. Doerge^a, M.I. Churchwell^a, M.S. Bryant^a, F.M. McLellen^a, K.A. Woodling^a, R.P. Felton^a, M.P. Maisha^a, B.E. Juliar^a, G. Gamboa da Costa^a, K.B. Delclos^{h^a}



CLARITY-BPA, Consortium Linking Academic and Regulatory Insights on Bisphenol A Toxicity

State Interventions

Christine Papagni

Moderated by Margaret Snyder

State Interventions

Christine Papagni

Supervising Environmental Scitentist, Safer Consumer Products Program

California Department of Toxic Substances Control



How California is Addressing Endocrine Disruptors in Consumer Products

Christine Papagni Supervising Scientist, Safer Consumer Products Program

July 19, 2023



Department of Toxic Substances Control







DTSC Overview and Safer Consumer Products Program



Site Cleanup



Future

Hazardous Waste Mngt

Green Chemistry in Policy

- 2008 California Green Chemistry Law
 - Health and Safety Code section 25252
- Safer Consumer Product Regulations
 - Took effect October 1, 2013
 - CCR Title 22 Chapter 55 Sections 69501 through 69511
- Green Chemistry Hazard Trait Regulations
 - CCR Title 22 Chapter 55 Sections 69401 through 69407.2

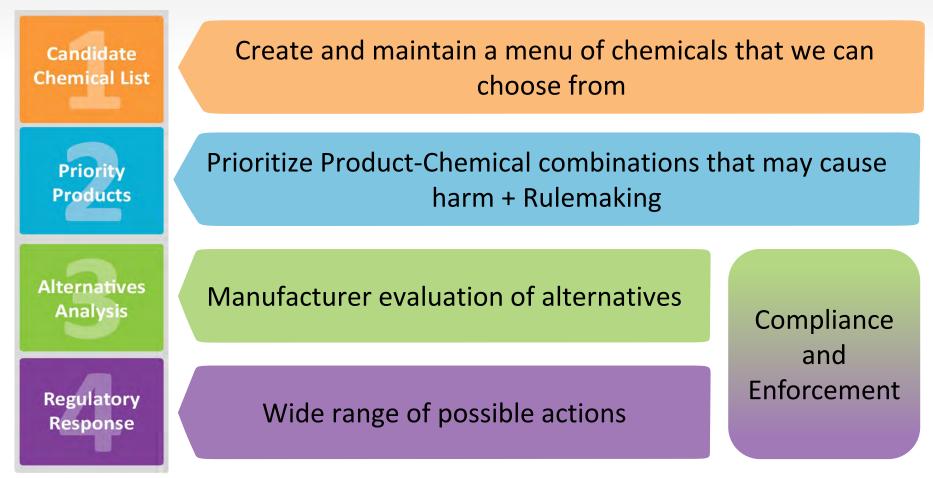


Green Chemistry Law Objectives

- Develop a process to prioritize harmful chemicals in consumer products
- Develop a process to evaluate alternatives to hazardous chemicals
- Avoid regrettable substitutes
- Incentivize innovation and the search for safer alternatives
- Transparent and science-based decision making
- Enforceable



SCP Process





Scope of Products

- Priority Product Work Plan
 - Menu of products
 - Released every 3 years
- Exclusions
 - FIFRA pesticides
 - Prescription drugs
 - Radioactive chemicals
 - Natural toxins



Work Plan website: <u>https://dtsc.ca.gov/scp/priority-product-work-plan/</u>







Priorit

Products



The 2021-2023 Priority Product Work Plan Categories



Beauty, Personal Care, and Hygiene Products



Food Packaging



Building Products and Materials Used in Construction and Renovation



Cleaning Products



Motor Vehicle Tires



Children's Products



229

Beauty, Personal Care, and Hygiene Products

- Nail Products
 - PP (toluene, MMA)
 - Info call-in, lab study
 - Dibutyl phthalate (DBP)
 - Diisobutylphthalate (DIBP)
 - Triphenyl phosphate





Beauty, Personal Care, and Hygiene Products (con't)

- Hair Straightening Products
 - Parabens
 - Ortho-phthalates
 - BP-3



- Leave-on products
 - n-butylparaben





Beauty, Personal Care, and Hygiene Products (con't)

- Disposable Menstrual Products (pads and tampons)
 - Ortho-phthalates
 - Parabens
 - Bisphenols





Future Research

- Children's Products
 - Ortho-phthalates screening research
 - Exposure modeling of EDCs
 - Parabens in PCPs
 - Bisphenol A and bisphenol alternatives in toys





Other California Regulations

- California Toxic-Free Cosmetic Act
 - CA HSC §108980
- Cosmetic Fragrance and Flavor Ingredient Right to Know Act of 2020
 - CA HSC §111792.6
- Labeling requirements for professional personal care products
 - CA HSC §110371



Conclusions

- California is trying to address EDCs in multiple ways
- SCP asks manufactures to look for safer alternatives
- Women's and children's health is a policy priority
- Reproductive and developmental effects are a concern
- SCP continues to research Candidate Chemicals in
 - Beauty, personal care, and hygiene
 - Children's products
 - Other Products with EDCs



Contact Information for SCP

General Questions: <u>Christine.Papagni@dtsc.ca.gov</u>

SaferConsumerProducts@dtsc.ca.gov

- Join our E-list to get updates: <u>bit.ly/scpupdates</u>
- Learn about career opportunities:

https://dtsc.ca.gov/scp/safer-consumer-products-career-opportunities/



Closing Remarks

Adrienne Smith Director, Division of Policy and Performance Management Office on Women's Health U.S. Department of Health and Human Services

Thank you

The Post-Symposium Knowledge Assessment and Survey will be distributed today!

Thank you for your participation and feedback!



Symposium Website



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