



SPARK
ME

The Future of
ME/CFS Research

Symposium for Promoting the Advancement of Research Knowledge in ME/CFS Early Career Researchers

December 11, 2023

Clinical Center (Building 10), FAES Classrooms 6 & 7 and Terrace, NIH Campus, Bethesda, MD

- 9:00 – 9:05 am Welcome – Vicky Whittemore, PhD, NINDS
- 9:05 – 9:15 am Introduction and Welcome – Walter Koroshetz, MD – Director, NINDS
- 9:15 – 10:00 am Building Your ME/CFS Research Career
Moderator: Jessica Maya, PhD – Cornell University
- Perspective from Brent Williams, PhD – Columbia University
 - Perspective from Xiang Xu, PhD – Mt. Sinai
- 10:00 – 10:30 am Overview of Grant Writing for Young/Early Career Investigators
Moderator: Brent Williams, PhD
- Vicky Whittemore, PhD – NIH/NINDS
 - Joe Breen, PhD – NIH/NIAID
- 10:30 – 10:45 am Break
- 10:45 – 11:30 am Panel of ME/CFS Non- Profit Partners
Moderator: Agostina Casamento-Moran, PhD – Johns Hopkins University
- H. Timothy Hsiao, PhD – Solve ME/CFS Initiative
 - Jamie Seltzer – #MEAction
 - Richard Simpson – Invest in ME Research
 - Linda Tannenbaum – Open Medicine Foundation
- 11:30 – 12:15 pm Networking Breakout Groups
- 12:15 – 1:15 pm Lunch (Sponsored by Nova Southeastern University) and Poster Session
- 1:15 – 3:00 pm Short Research Presentations by Young/Early Career Investigator Participants
Moderator: Chloe Jones, University of Alabama, Birmingham
- 1:15 – 1:30 pm Developing a mouse model of myalgic encephalomyelitis
Madeleine Uys – North-West University (Presenting via Zoom)
- 1:30 – 1:45 pm Antibody Reactivity to the Intestinal Microbiome in Severe Myalgic Encephalomyelitis Patients
Katharine Seton, PhD – Quadrum Research Institute (Presenting via Zoom)

- 1:45 – 2:00 pm Identification of biomarkers for ME/CFS from metabolites and proteins in blood
Katie Glass, PhD – Cornell University
- 2:00 – 2:15 pm Effect of Physical Exertion on CNS Oxidative Stress and Metabolism in ME/CFS
Nicholas Hampilos, MD – Weill Cornell Medicine
- 2: 15 – 2:30 pm Epigenetic Reprogramming of CD8+ T cell Populations Drives Exhaustion in Myalgic Encephalomyelitis/Chronic Fatigue Syndrome (ME/CFS)
David Iu – Cornell University
- 2:30 – 2:45 pm UpTime: A Digital Biomarker for ME/CFS
Bella Rond – Bateman Horne Center
- 2:45 – 3:00 pm ME/CFS Pathophysiology Investigated by Invasive Cardiopulmonary Exercise Test (iCPET) and Autonomic Function Testing
Johanna Woodward Squires – Brigham & Women’s Hospital
- 3:00 – 3:15 pm Break
- 3:15 – 4:30 pm Short Research Presentations by Young/Early Career Investigator Participants
Moderator: Katie Glass, PhD – Cornell University
- 3:15 – 3:30 pm Augmentation of Anaerobic Pentose Phosphate Pathway Triggers Tetrahydrobiopterin Biosynthesis in Myalgic Encephalomyelitis/ Chronic Fatigue Syndrome (ME/CFS) patients with Orthostatic Intolerance: A Pilot Study
Sarojini Bulbule – Simmaron Research Institute
- 3:30 – 3:45 pm Tracking Peripheral Immune Cell Infiltration of the Brain in ME/CFS
Chloe Jones – University of Alabama, Birmingham
- 3:45 – 4:00 pm Evidence for the contribution of hemolysis to post-exertional malaise pathophysiology in myalgic encephalomyelitis
Atefah Moezzi – University of Montreal (Presenting via Zoom)
- 4:00 – 4:15 pm Exercise capacity in myalgic encephalomyelitis/chronic fatigue syndrome (ME/CFS) treated with long-term pyridostigmine
Sarrah Maan Al-Zayer – Brigham & Women’s Hospital
- 4:15 – 4:30 pm Single-cell transcriptomics of ME/CFS circulating immune system before and after symptom provocation
Tien Luyen Vu – Cornell University
- 4:30 – 5:00 pm Young/Early Career Investigator Network – discussion of ways the young investigators can network, collaborate across labs, countries and continents
Co-Moderators: Agostina Casamento-Moran, PhD – Johns Hopkins University and Karen Karen Giménez-Orenga, Universidad Católica de Valencia San Vicente Mártir/EMERG
- 5:00 pm Adjourn

SPARK ME Workshop and ME/CFS Conference Poster Presentations

1. Exercise capacity in myalgic encephalomyelitis/chronic fatigue syndrome (ME/CFS) treated with long-term pyridostigmine
Sarra Al-Zayer; Brigham & Women's Hospital
2. Circulating FGF-21 levels are associated with Myalgic Encephalomyelitis disease severity
Ghazaleh Azimi; University of Montreal
3. Role of soluble sphingomyelin phosphodiesterase acid-like 3B (SMPDL3B) in myalgic encephalomyelitis
Rostami-Afshari Bitá; University of Montreal
4. Using [11C]PBR28 positron emission tomography to assess neuroinflammation in ME/CFS and PASC
Hannah Bues; Massachusetts General Hospital
5. Augmentation of Anaerobic Pentose Phosphate Pathway Triggers Tetrahydrobiopterin Biosynthesis in Myalgic Encephalomyelitis/ Chronic Fatigue Syndrome (ME/CFS) patients with Orthostatic Intolerance: A Pilot Study
Sarojini Bulbule; Simmaron Research Institute
6. Understanding the Behavioral Features of Fatigue in Long COVID
Agostina Casamento-Moran; Johns Hopkins University
7. Comprehensive plasma metabolomic analysis in ME/CFS with exercise tolerance test
Xiaoyu (Jason) Che; Columbia University
8. Participant Recruitment for ME/CFS Research
Luke Collings; Bateman Horne Center
9. Comparison of T-cell Receptor Diversity of People with Myalgic Encephalomyelitis versus Controls
Joshua Dibble; Harvard University
10. Cell-free RNA signatures of myalgic encephalomyelitis/ chronic fatigue syndrome
Anne Gardella; Cornell University
11. Proteomic adjustments following induction of post-exertional malaise
Arnaud Germain, Cornell University
12. Extracellular vesicle protein cargo in ME/CFS cases and controls following maximal exercise
Ludovic Giloteaux; Cornell University
13. HERV activation segregates ME/CFS from fibromyalgia and patients fulfilling both clinical criteria
Karen Giménez-Orenga, Universidad Católica de Valencia San Vicente Mártir
14. Identification of four clinical subgroups of ME/CFS patients using model-based clustering
Katherine (Katie) Glass, Cornell University
15. Epigenetic Reprogramming of CD8+ T cell Populations Drives Exhaustion in Myalgic Encephalomyelitis/Chronic Fatigue Syndrome (ME/CFS)
David lu, Cornell University
16. Post-Exertional Malaise Provocation Induces Different Profiles of Cognitive Impairment in ME/CFS
Corrine Leveau; University of Montreal
17. Blood brain barrier permeability is increased in ME/CFS: an MRI study
Sheryl Liu, Mt. Sinai
18. Tracking Peripheral Immune Cell Infiltration of the Brain in ME/CFS
Chloe Jones; University of Alabama, Birmingham
19. Investigating T cell populations for immune cell dysfunction in ME/CFS
Jessica Maya; Cornell University
20. Investigating the role of iNOS in endothelial dysfunction in ME/CFS
Claire McNally; Cornell University
21. Predicting Trajectories and Long-Term Sequelae in Long COVID: An Exploratory Pilot Study
Diana Petre; University of Montreal

22. Impact of age and sex on microbial susceptibility and immune activation in ME/CFS
Amit Ranjan; Columbia University
23. UpTime: A Digital Biomarker for ME/CFS
Bella Rond; Bateman Horne Center
24. Objective sleep and pupillometry measurements in participants with ME/CFS and controls
Deena Saadi; Massachusetts General Hospital
25. The Role of Irisin in the Pathogenesis of Myalgic Encephalomyelitis
Bernard Souma; University of Montreal
26. High circulating miR-29a-3p and miR-150-5p levels are associated with vascular instabilities in myalgic encephalomyelitis
Yasaman Vahdani, University of Montreal
27. Single-cell transcriptomics of ME/CFS circulating immune system before and after symptom provocation
Tien Vu; Cornell University
28. ME/CFS Pathophysiology Investigated by Invasive Cardiopulmonary Exercise Test (iCPET) and Autonomic Function Testing
Johanna Woodward Squires; Brigham & Women's Hospital
29. 7T MRI showed hippocampal Subfield Volume differences in ME/CFS and Long COVID
Kiran Thapaliya; Griffith University
30. A Software for Integrating Multiple Methylation Studies: Feature Selection and Classification
Tao Xu; Texas Tech University
31. Structural and Oxygen Metabolic Magnetic Resonance Imaging of long-COVID and ME/CFS
Xiang Xu; Mt. Sinai