



## As our population ages, more people are at risk for dementia.

Understanding what circumstances put people at risk for dementia — and how people with dementia can thrive — is important to us all.

### Charting health along the life path

Throughout life, a **person's experiences and their environment** affect their health and risk of developing dementia. Measuring and understanding these factors is complicated — that's where the Gateway Exposome Coordinating Center (GECC) comes in.

#### Throughout life

- Clean air
- Nutrition
- Discrimination

#### Early life

- Schooling
- Home environment
- Nearby parks

#### Midlife

- Employment
- Marriage and children
- Chronic disease

#### Later life

- Retirement
- Healthcare services
- Accessible spaces

### In your experience...

- ▶ *What steps are you already taking to respond to dementia in your community?*
- ▶ *What policies do you want to see to improve the lives of people as they age?*
- ▶ *What concerns do you have about your environment as it relates to aging?*

### Have your voice heard!

The GECC invites you to share your experiences and insights on aging and dementia at one of our virtual town halls. Hearing a wide range of perspectives is crucial to help set the agenda for better scientific study and policy related to dementia.



**Learn more  
and sign up!**



#### Town Hall Dates

October 9  
November 4  
December 10

# Through collaboration, the GECC advances research on the dementia exposome.

The GECC is a federally-funded initiative seeking to make and share better data about how experiences and environments (what researchers call the “exposome”) contribute to dementia and the well-being of people with dementia. Much of the current information about these critical life experiences is difficult to access and share. The GECC will overcome these limitations by facilitating conversations and collaborations between diverse partners, resulting in better data for dementia research and action. Achieving these goals requires a wide variety of perspectives, which is why we need you!

## Accessible information supports actions that strengthen communities.

The GECC provides a platform for sharing your knowledge, as well as a place to learn from others’ expertise. This collaboration enables deeper understandings of dementia and health, which can lead to meaningful changes for people and their communities.



### GOVERNMENT

Government entities can share information with the GECC about the demographics of their aging constituencies, the challenges that they face, and policies being considered. They can also alert the GECC to what information is needed to enact better policies.



### RESEARCHERS

Researchers can share information and conclusions from their work on dementia. They can also collaborate across disciplines to identify pressing questions about key risk factors and support structures for people with dementia.



### ADVOCACY GROUPS

Advocacy groups can provide the GECC with feedback and share the most pressing needs and concerns based on their direct experiences working with individuals with dementia.



### INDUSTRY

Industry can provide insights about new approaches to collecting and interpreting information, such as innovative developments in artificial intelligence and machine learning.

Mark your calendars!

## Town Hall Dates

October 9  
November 4  
December 10

*To accommodate attendees across time zones, there are two sessions per town hall.*

**Session 1:** 9–10:30 AM EST/3–4:30 PM CET  
**Session 2:** 2–3:30 PM EST/11–12:30 PM PST

To learn more about the GECC and to sign up for our town halls, visit: [gatewayexposome.org](https://gatewayexposome.org)



**GECC** | GATEWAY  
EXPOSOME  
COORDINATING  
CENTER

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