



M&IE Total per day for our area is \$79.00 – breakdowns below:

Continental Breakfast: \$18.00 (inclusive)

Lunch: \$20.00 (inclusive)

Dinner: \$36.00 (Inclusive)

Incidentals \$5.00

Menu Options will be as follows:

Breakfast :

Option #1: Assorted Muffins, Coffee & Juice

Option #2: Assorted Granola Bars, Coffee & Juice

Option # 3: Whole Fruit/Yogurt, Coffee & Juice



Lunch:

Option #1: Plated Salad w/ Chicken & Soda/Water. (I.e. Caesar Salad w/Chicken or Simple Grains Salad w/Chicken)

Option #2: Sandwich w/ Chips & Soda/Water

Option # 3: Pasta Salad w/Chicken & Soda/Water

Dinner:

Option #1: Chicken Breast & Chef's Choice of a starch & veggie as well as a salad and beverage

Option #2: Chef's Choice of Seasonal Fish & Chef's Choice of a starch & veggie as well as a salad and beverage

Option # 3: Cauliflower Steak & Chef's Choice of a starch & veggie as well as a salad and beverage